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C4Y welcomes new director
BRIDGEPORT—Emily Lomnitzer of Trumbull has recently been appointed director of C4Y, the diocesan youth choir. A parishioner of St. Pius X in Fairfield and an avid lifelong choral singer, Lomnitzer is thrilled to be bringing her passion for sacred choral music to the young choristers of Fairfield County.

Her first directing experience was leading a choir of her peers in concert when she was in high school. She went on to study opera, getting her bachelor's and master's in vocal performance from The Catholic University of America. During her graduate studies, she directed music ministry at campus ministry, including conducting the student singers in major televised liturgies on EWTN. Throughout her professional singing career, she has sung at major venues such as the Washington National Cathedral, the Kennedy Center for the Performing Arts, the French Embassy to the United States, and the Basilica of the National Shrine of the Immaculate Conception.

Lomnitzer is excited to introduce the rich musical tradition of the Roman Catholic Church to the next generation of choral singers. C4Y auditions will be held Wednesday, June 2 and Thursday, June 3 from 4:30-6 pm in room L13 at the Catholic Center (238 Jewett Avenue, Bridgeport). Sign up for a slot at the C4Y webpage (www.bridgeportdiocese.org/c4ysings/youth-choir-catholic-dioecese).

The final choir roster will be sent out by the end of June and rehearsals are planned to begin in August. Please email Emily.Lomnitzer@diobpt.org for more information or for questions. Incoming 8th through 12th graders are invited to audition for a spot in the choir.

(Follow the Instagram page for updates: @C4YSings.)

Relics used to celebrate Divine Mercy Sunday at St. Jude Church
MONROE—St. John XXIII Council 5987 of the Knights of Columbus hosted a unique presentation in celebration of Divine Mercy Sunday on April 11 at St. Jude Parish in Monroe, Conn. In partnership with the Apostolate for Holy Relics, Reverend Henry Hoffman and Deacon John Tuccio participated in presenting a one-hour program highlighting a series of excerpts from The Diary of St. Faustina. The readings provided the source material for meditations focused on the topics of the Passion of Our Lord and of the Holy Eucharist, complemented by the traditional recitation of the Chaplet of Divine Mercy and musical interludes.

St. Rose Kindergarteners on parade
NEWTOWN—On Monday, March 29, Kindergarten students at St. Rose School in Newtown were decked out in their Easter finest, including handmade Easter bonnets, hats and bow ties. Students and their parents paraded around the school parking lot, calling out Happy Easter! They then brought their joy across the street to Church Hill Village, an assisted living facility.

Many residents were seated in front of the building with a special guest—the Easter Bunny! Students waved and called out Happy Easter, giving high fives to the Easter Bunny. The Bunny led students to the back of the facility where they waved to other residents who were watching from their windows. Their little feet walked many steps and warmed many hearts with Christ’s love!
**Latest News**

**ACA supports bishop’s ‘Call to Renewal’**

BY BRIAN D. WALLACE

BRIDGEPORT—The 2021 ARISE Annual Catholic Appeal (ACA) has passed the 50 percent mark with $5 million pledged on its way to the overall $8.1 million goal to fund the critical ministries and ongoing programs of the diocese.

“...very encouraging on many levels” said Joe Gallagher, chief development officer of the diocese. “I’m very grateful for our donors, the leadership of our bishop and pastors and for the overall generosity of the people of the diocese.”

In addition to lowering the ACA goal this year as a result of the success of the We Stand With Christ capital campaign, the diocese has also shortened the time for the campaign. The goal is to bring the ACA to a close by the end of June.

Gallagher said he believes that the faithful have responded to the words of Bishop Frank J. Caggiano that this year’s appeal is crucial because of the need to reach out to those still suffering from the pandemic, while also helping the diocese to move ahead in its renewal efforts.

In announcing the ARISE theme of this year’s appeal in February, the bishop said “We arise by standing together in prayerful hope to strengthen the mission of the Church which we form, a people of the light in darkness, a people of hope despite challenge.”

“I pray that, as we go forward, we will not lose this unique moment to aid our sisters and brothers in need, and place our Church on the path of growth and renewal,” the bishop said who issued a diocesan “Call to Renewal” in his recent pastoral exhortation, “Let us Enter the Upper Room with the Lord.”

Gallagher said that in addition to the overall amount collected and pledged to date toward the goal, he is very pleased to see the level of participation. The number of donors to the ACA is up considerably.

“Participation is up dramatically across the diocese and that’s a very positive trend,” said Gallagher, who noted that some parishes have already seen a sixty percent increase in the number of those who are giving.

“That’s a significant increase coming out of the pandemic and a very positive signal about the faith and generosity of the people of the diocese. Both large and small donors are eager to support the bishop’s plan for renewal and continue to help those in need.”

Gallagher said that people who contribute to the ACA understand that as donors they are also beneficiaries because the appeal reaches into every aspect of life in the diocese by making so many charitable, education and faith formation programs possible.

Among last year’s highlights were the more than 1.1 million meals served to the poor and food insecure through Catholic Charities, and more than $2.7 million in financial aid given to Catholic school students through the Bishop’s Scholarship Fund. The appeal also supported counseling and mental health services that have helped people through the pandemic.

Pam Rittman, director of the Annual Catholic Appeal, said one noticeable change to campaign this year will be the timing of in-pew weekend.

Rather than all parishes conducting the in-pew on the same weekend, the bishop has given pastors the discretion to conduct the in pew on a weekend that works best for them. Envelopes will begin arriving in parishes on April 30, and all in-pew will be held by the end of May, she said.

“It’s a very hopeful time because many people have been vaccinated and have begun returning to Mass in person,” said Rittman, who noted that people often prefer to make their pledge during the in-pew weekend.

However, those who are unvaccinated or concerned about returning to Church, can make a gift online or use the envelope enclosed in Fairfield County Catholic.

Rittman said she believes the pandemic stirred a deeper understanding of the role the Annual Catholic Appeal plays in the diocese, because the services it provided last year touched the lives of so many people—many of them who never needed help before.

“When the need arose to feed more people, bring the sacraments to hospitals and convalescent facilities, expand scholarship support to students whose parents lost their jobs, and improve communications to make online Masses possible, the ACA was the vehicle for this emergency response,” she said.

(Registrations Healthcare Mass: Given the limited capacity in Church due to the pandemic, participants will be required to register online. The link for registration is: www.signupgenius.com/go/health-care-workers).
Small loans keep families independent

By KATHY-ANN GOBIN

DANBURY—Valuable life lessons and financial education are an integral part of the Catholic Charities Family Loan Program.

“The program, which is on the eve of celebrating 20 years of service to the greater Danbury area community, assists working parents in obtaining small bank loans to prevent the loss of employment. Times are more difficult in such times,” said Donoghue said, adding that Catholic Charities of Fairfield County. “It’s a hand-up not a handout.”

Donoghue says reliable transportation is key to opportunities that will allow families to be gainfully employed or attend school. “Our whole mission is to help working parents. They really do appreciate it,” Silliman said adding, the small loans which are approved for up to six-thousand dollars, depending on income, can be the lifeline low-income families need to keep going.

“It’s really a fantastic program for hard working people with families that need some help to maintain employment,” said Mike Donoghue, director of Catholic Charities of Fairfield County. “It’s a hand-up not a handout.”

Silliman helped launch the program in 2001. It is offered through the non-profit entity of Catholic Charities, a more approachable forum than a bank for many families in need.

“Unfortunately, the way our system works, unless you have really good credit you can’t borrow any money from traditional banks,” Donoghue said, adding that predatory lenders often lend at high interest rates making situations worse.

The Family Loan Program started loaning money at 6.9 percent interest. The success of the program and the economy has recently allowed the program to lower the interest rate to 5.25 percent.

“This is the kind of program that helps break the cycle of poverty,” Donoghue said.

The program, which is backed by four local banks, has grown from seven loans in the first year to more than 650 loans to date.

“It’s not just about a car or the money,” Silliman said. “It’s about the people.”

Silliman, who has a background in banking, wants everyone to understand the value of money and the importance of budgeting and investing in themselves, their family and their future.

Recently, data mining technology was used to determine program criteria eligibility for people living in the Danbury and New Milford area. It is a new way technology is helping the program expand and a far cry from its beginning when Silliman went door-to-door visiting non-profit organizations to help spread the news about the new program.

A postcard mailing was sent out to dozens of households and non-profit organizations to help generate awareness about the program. The response showed there is still a need for the program, especially during these uncertain times.

In fact, the program has been so successful that it is being expanded in the new year.

“No, we are in the process of moving this program to other areas of the county,” Donoghue said.

“We just got a commitment from five local banks in the Stamford/Norwalk area and we’ll be starting a program there in January 2021.”

Donoghue said a program in the Bridgeport area is also expected to rollout later next year.

“It’s a great testament to what Carolyn has done,” Donoghue said, adding that Catholic Charities was able to show the success of the program through her efforts.

“Unlike banks, we are not trying to make any money on these loans,” he said. “As people pay us back, we are able to make more loans to others in need.”

The program averages an 85-90 percent payback on loans.

Silliman says she gets a lot of calls from all around the state and since the program is currently only offered in the greater Danbury area, she must inform them, they are not eligible. She does, however, use the opportunity to listen and help educate people about finding programs that may be available to them in their own hometown.

For the Family Loan Program, Silliman helps clients understand their finances and establish a budget using income sources including food stamps, social security and child support.

“You have to be working in order to qualify for this program,” Silliman said, adding that the bank cannot use unemployment as an income.

Through one-on-one budget meetings, where Silliman reviews a client’s bank statements, bills and spending habits, she imparts her financial and practical knowledge to those who may not see the big picture.

“I’m trying to show clients how to keep money in their pocket and not give it to anybody else,” she said. That is why she even inquires about eating habits.

“I try to show them how the trend of eating out, quickly gobbles up their money.”

Saving just $10 a week by cooking at home instead of eating out or by not buying something simply because it is on sale when it is not really needed, adds up.

“Please join us on May 6 for our premier fundraising event. Foundations in Education. Due to the COVID-19 pandemic and to ensure the safety of guests, the 2020 Spring Gala was canceled. Today we invite you anew to join us for this year’s re-invigoration Virtual Hybrid Spirit Session. As we honor Dr. Julia McHarmor and Lynn and Frank Mara and celebrate Catholic education. Together, we can help realize Bishop Frank Caggiano’s vision of transformation, innovative and ‘best in class’ Catholic schools throughout the Diocese of Bridgeport.”

Family Loan Program expands to Stamford/Norwalk

The Family Loan Program that has operated successfully in the Danbury area for 20 years is expanding to Stamford/Norwalk this spring. Similar to the program in Danbury, the Family Loan Program of Stamford/Norwalk will offer low-interest rate (5.5%) loans of up to $10,000 to working families. The loans (backed by five local banks) can be used for car purchases or repairs, childcare expenses, security deposits, immigration fees, or any type of expense that may prohibit a parent from working.

All applicants will receive comprehensive one-on-one financial education and counseling and will be supported throughout the entire loan process. Applicants can save thousands of dollars in interest (versus non-traditional lenders), establish a positive track record and improve their credit rating.

The program will be managed by Diane Barston and will operate out of the Catholic Charities office at 120 East Avenue in Norwalk (across from Norwalk City Hall). For more information, please contact Diane Barston at 203.767.4854 or dbarston@ccfairfield.org.
Reflecting back on COVID-19

By Emily Clark

BRIDGEPORT—Creating a sense of community, bonding together and reaching out to those most in need became the inherent philosophy for residents of Fairfield County, along with people around the globe, as they lived their lives amid the uncertainty of COVID-19 during the past year. Few lived it as routinely though, as the frontline workers and medical professionals, including those at St. Vincent’s Medical Center in Bridgeport. Now, as the world emerges from the pandemic, those same professionals reflect on what they and their colleagues endured and how what they learned gives them confidence going forward.

“This was a journey from the fear and unknown to one of courage and hope,” said Corina Marcu, M.D., associate vice president of medical affairs at St. Vincent’s. “We all came together in a beautiful way, and that carried us through the uncertainty.”

As Marcu and her staff began battling “this horrible virus” when it first hit the region, she said the need to adapt quickly became evident, but it was their reliance on shared experiences and combined talents that enabled them to best treat their patients.

“This pandemic taught us that some of the principles we’ve learned and applied [for years] came in handy in the face of so much fear. Because of that, it became easier to pivot from day to day and minute to minute,” she remembered. “Everyone who had something to offer put it on the table. We were able to carry through knowing we had very strong people around us.”

That sense of coming together is part of the fabric of St. Vincent’s, Marcu added, calling it a reflection of the way this Catholic hospital, now part of Hartford HealthCare, has operated for over 100 years. Helping people through telemedicine, mobile units, pastoral services and Urgent Care provides tangible evidence of how they treat everyone in need—and how they learned to do so differently as the coronavirus altered their lives. When visitation restrictions were in place, supporting families became paramount, aided by the use of iPad technology and telephonic outreach so loved ones could communicate.

Father Hyginus Agu, the full-time chaplain at St. Vincent’s, would regularly call to update relatives, which helped to alleviate families’ frustration, for as Bill Hoey, the hospital’s vice president of mission integration, said, it is so devastating to be alone.

“The COVID-19 pandemic highlighted the awareness of good communication with families and patients. It is ingrained in the staff, and it reinforced the importance of a faith-based medical center,” Hoey said, adding how pastoral care has played such a significant role in how they assist those they serve.

On-going support, visits from Father Hyginus and the newly-created CareGrams, a service that allows friends to send customized greetings to those at the hospital, show “the myriad of ways that we provide for the spiritual needs of families, patients, and colleagues,” Hoey said. That became clear on Easter Sunday 2020 when Father Hyginus, Deacon Tim Bolton, Dr. Jemi Samuel and Hoey himself went floor to floor at St. Vincent’s with a special Easter blessing.

“They held hands with the nurses working on Easter, sang and read prayers,” Marcu said of the hospital staff. “I thought that was so touching.”

As the one-year mark of the pandemic passes, medical professionals at St. Vincent’s are working to support their community in a new way: the administration of the COVID-19 vaccine. From mobile units in area locations to vaccine clinics at several schools and parishes, the staff aims to reach as many people as possible, especially the under-served populations. Both Marcu and Hoey commented that some cannot access the vaccine because of transportation issues, a hesitation to come out, or because they are simply unaware of its availability.

“We know that people are in need of this, and we have a mission to get all vaccinated against this disease,” said Marcu. “We are here and we are coming to you.”

Though the vaccine is available to so many now, Hoey said the hospital offered it early to all priests and deacons in the diocese, as they are considered frontline workers ministering to patients in need of a sacrament.

“St. Vincent’s has an understanding of the prominent role that clergy play,” he added.

In turn, St. Vincent’s itself has played a prominent role in bringing faith-based healthcare to the greater Bridgeport community for over a century—serving its patients during the Spanish flu pandemic of 1918 and the coronavirus pandemic of today. And along with the uncertainty that accompanies such crises comes the courage and the knowledge to serve that community even better.

“We are very hopeful and have learned so much,” said Marcu, acknowledging the respect she has for this virus. “We have pulled together to do our part for patients and families. I am humbled to be part of history.”

Vaccine brings hope to parishes

BRIDGEPORT—“I feel fortunate that our parish can open a door for people to get vaccinated,” said Father Juan Gabriel Acosta, newly named pastor of the Cathedral Parish in Bridgeport.

Through a joint effort between the Diocese of Bridgeport and St. Vincent’s/Hartford Health Care, more than 200 parishioners of the Cathedral Parish and St. Charles Borromeo Parish in Bridgeport received the Moderna vaccine.

“So many of our parishioners have had a tough and difficult time in the past year. They’ve lost loved ones and had other hardships,” said Father Acosta. The positive reception to the vaccination on the part of parishioners has made him feel happy that the parish can make things easier for parishioners. “It’s something the parish and the diocese have been able to do for the people.”

St. Charles Borromeo families received the vaccine in the McGivney Center, which shares the East Side campus with the church.

“Our mission as a Catholic Church is to save souls and lives,” said Father Abelardo Vasquez, administrator, St. Charles Borromeo Church. “Working in community with St. Vincent’s and Hartford Health, we were able to distribute these vaccines to the parish community, and we are so grateful for that. It was a very busy day, but it was a joyous one.”

Bill Hoey, vice president of mission integration at St. Vincent’s Medical Center/Hartford, said the event, and others like it sponsored by Hartford Health, is part of a concerted effort to eliminate barriers to access and achieve more equitable distribution of the COVID-19 vaccine.

“As part of the Bridgeport diocese, we are eager to bring the vaccine to parishioners of Catholic churches located in areas of Bridgeport that have disproportionately low rates of vaccination,” he said.

Bill Hoey said that since its founding in 1903, St. Vincent’s Medical Center has a history of bringing much needed medical services into the community and responding to health crises as it did during the 1918 pandemic.

Both pastors personally called parishioners and encouraged them to register. “Once we were working from the pulpit, they were able to trust that the vaccine can be trusted,” said Father Abelardo.

(To learn more, contact HartfordHealthCare.org/vaccine or call Hartford HealthCare’s dedicated Bridgeport Resident Community Care Center 860.827.7400.)
Priest in Kenya Partners With Cross Catholic Outreach To Provide Poor With Safe Water

After more than 30 years in the priesthood, Father Fabian’s passion for sharing God’s mercy has only grown stronger. Originally from Ghana, he was first sent to Kenya by the Society of African Missionaries in 2002. It was there he discovered one of his life’s greatest callings: bringing water to people who had none.

“That is one of my biggest dreams. Everyone should have access to clean and good water,” Fr. Fabian said.

Over the course of six years, Fr. Fabian has collaborated with Cross Catholic Outreach to complete water system projects for 83,000 people in 27 villages throughout the Diocese of Lodwar. More recently, through the Good Samaritan Water Sanitation Services nonprofit he created to expand his mission, other water projects are being undertaken to benefit the poor in other Catholic dioceses. [See story on opposite page.]

“Fr. Fabian has asked Cross Catholic Outreach to join him in an ambitious plan to bring safe water to a 275-mile stretch of land shared by the Diocese of Machakos and Archdiocese of Mombasa,” explained Jim Cavnar, president of Cross Catholic Outreach.

“We have completed six water systems so far, blessing about 50,724 people in the region, and we hope to bring safe water to 10 additional communities in the months ahead.”

When Fr. Fabian first enters a new community to assess its situation, he begins by asking a simple question.

“You start by asking, ‘What do you need?’” Fr. Fabian says. “Most of the time water is the first on their list.”

According to Fr. Fabian, meeting a community’s most critical need — water — is the perfect way to share the love of God. One benefit is the way Fr. Fabian works through local parishes, empowering priests to care for their communities by overseeing water projects and appointing village water committees. This strengthens the relationship between the people and their parish, and many experience a deeper understanding of the abundant life that is available to them in Christ.

Many immediate benefits become apparent once communities gain access to clean water. Improved health and restored faith are often two of the first blessings to reveal themselves.

“It saves the lives of most of these children. It also helps the spirituality of the people, giving them time to go to church,” Fr. Fabian explained. “Priests call thanking you, saying, ‘You can’t imagine how many people are attending Mass!’”

There are other spiritual blessings that come from these projects too. According to Jim Cavnar, U.S. Catholics who help fund the work through Cross Catholic Outreach often share their enthusiasm for supporting mission work and say the experience gives them a greater appreciation for the impact of Catholic charity.

“Most American Catholics want to be more involved in helping the poor in developing countries, but they want to do something specific and meaningful like this,” said Cavnar. “I’m sure they will rally to help Fr. Fabian with the work he has planned — and that they will be blessed by the experience if they do.”

Readers interested in supporting Cross Catholic Outreach programs and other outreaches to the poor can contribute through the ministry brochure inserted in this issue or send tax-deductible gifts to: Cross Catholic Outreach, Dept. AC01721 PO Box 97168, Washington DC 20090-7168. The ministry has a special need for partners willing to make gifts on a monthly basis. Use the inserted brochure to become a Mission Partner or write “Monthly Mission Partner” on mailed checks to be contacted about setting up those arrangements.

Legacy Giving Provides Catholics With Unique Opportunity To Bless Others

If you are like many Catholics born in the 1950s or before, you have probably begun to think about the spiritual legacy your life and actions represent. What did we care about? What did we value? These are some of the things we hope will be remembered.

“For a growing number of Catholics, this introspection has led to the exploration of ‘legacy giving’ — the use of one’s will, trust, retirement plan or life insurance policy — to leave behind a blessing for others that will reverberate beyond their own lifetime, hopefully influencing their family and others they cherish,” explained Jim Cavnar, president of Cross Catholic Outreach, an official Catholic relief and development charity with staff dedicated to such estate planning.

According to Cavnar, Cross Catholic Outreach has helped many Catholics establish these legacy gifts and expects them to play a significant role in future ministry missions.

“A will or trust can also reflect a person’s special heart for a country or for an area of need. It can be used to build houses for poor families or to build classrooms to educate children, for example,” Cavnar said. “Others simply want to help the poorest of the poor and make their legacy gift for that purpose. It’s their way of saying, ‘As a Catholic, I value life and support works of mercy. I want my family to understand that calling and believe in it too.’ And because legacy gifts can be quite large, they often achieve incredible things. A single one might build an entire school or fund the construction of hundreds of homes. It’s producing an amazing impact and serves as an incredible testament to the faith of the giver.”

In addition to this service, Cross Catholic Outreach’s staff can also support donors seeking to establish a charitable gift annuity, charitable remainder trust or special endowment. Financial planners can also obtain information to help those who seek professional counsel or have donor-advised funds.

To learn more about these services, the charity recommends readers visit its special online portal at CrossCatholicLegacy.org.
Gladys Mghoi is helping to raise her grandchildren in Mokine, a small village situated in the Archdiocese of Mombasa. Every morning, she wakes up at around 4 a.m. to start the long and arduous process of collecting water for the day.

“In Gladys’ simple home, there is no tap to turn to get a supply of water. She lives in an impoverished village, and like most everyone else there, she must travel to a distant source to get the water her family needs,” explained Jim Cavnar, president of Cross Catholic Outreach, a leading relief and development charity assisting Catholic missions in Africa. “It’s tragic, but water scarcity is common in many parts of Kenya. People in remote areas tend to be desperately poor, and their villages have no infrastructure to supply water. To get what they need to survive, they face a lot of hardships.”

In Gladys’ case, quenching the thirst of her grandchildren means a walk of nearly 2 miles to a dry riverbed. There, villagers have dug a hole that allows water to seep up from the ground. It is a slow process, so Gladys and the others who come to the spot often have to wait in line more than an hour to fill their containers with muddy water from the pit.

The walk home with this “reward” is also a challenge because the jerrycan she uses can become very heavy when it is full.

Because of Gladys’ age and health, her older grandchildren usually assist with this exhausting process. When they do, it disadvantages the family again. Water collection often takes so long the children either arrive late to class or miss school altogether.

According to Cavnar, solving the water scarcity problem is a priority for Cross Catholic Outreach because a lack of clean water has a negative impact in so many areas of a poor family’s life.

“One of our biggest concerns is the poor quality of the water they currently collect,” he said. “The muddy stuff is often tainted with bacteria, parasites and the chemical runoff from local farms.”

Gladys is aware of this threat too, but since there is no alternative, she sees no other way to proceed.

“We collect water which is very, very dirty, and then it will become very difficult for us and very unhealthy for our consumption,” Gladys admitted. “This water is very dirty. At the same time, because we have no option, we have to drink it the way it is.”

As bleak as this situation may seem, Gladys and her neighbors have a reason to feel hopeful. A local priest has become aware of the village’s hardships and is working to provide relief through a partnership with Cross Catholic Outreach. [See story on opposite page.] If this project is successful, the challenges she faces in collecting water may soon be over.

“Our goal now is to get the financial backing of U.S. Catholics to fund this special project,” Cavnar said. “If they respond generously, and I believe they will, we can ensure Gladys and her grandchildren have safe water to drink for many years to come.”

Addressing specific needs like this is what Cross Catholic Outreach was founded to accomplish. For nearly 20 years, the Catholic ministry has partnered with a local Catholic priest, religious sisters or missions to solve the problems of the poor.

“U.S. Catholics have been very interested in helping the poor using our approach because they like funding specific needs and supporting the local Catholic clergy,” Cavnar said. “They want their donated dollars to have a profound and lasting impact, so water projects are the kind of outreach they like best. Providing safe water addresses many needs — from quenching thirst to restoring health to supporting educational goals. In this case, it will also bring long-awaited relief to precious people like Gladys.”

The grandmother confirmed that fact as she explained yet another reason she sees the proposed water project as a blessing. “It is not very safe for me to collect water as an elderly person, but since there is no alternative, we have to risk our lives,” Gladys explained. “Sometimes because of my weakness, I can fall down. Sometimes there are also wild animals [such as] hyenas in the area.”

These risks will also be eliminated when the water project is completed.

“I can’t imagine the joy Gladys will feel when that tap is installed and the clean water flows freely. But I do know one thing — she and the others in her community will praise God,” Cavnar said. “And what a joy it will be for us too. There’s nothing more gratifying than serving as instruments of God’s mercy!”

Gladys Mghoi and her grandchildren face tremendous challenges obtaining their daily water supply. They currently walk far to collect contaminated water — because they have no other option. With the help of the Church, this hardship can end.

How to Help

To fund Cross Catholic Outreach’s effort to help the poor worldwide, use the postage-paid brochure inserted in this newspaper or mail your gift to Cross Catholic Outreach, Dept. AC01721, PO Box 97168, Washington DC 20090-7168. The brochure also includes instructions on becoming a Mission Partner and making a regular monthly donation to this cause.

If you identify an aid project, 100% of the donation will be restricted to be used for that specific project. However, if more is raised for the project than needed, funds will be redirected to other urgent needs in the ministry.
Easter Hope Surges in Diocese

Christ, the Light, will never be extinguished!

By JOE PISANI

BRIDGEPORT—After the long darkness of the pandemic, people are questioning the meaning of their lives and looking for answers, Bishop Frank J. Caggiano said at the Easter Vigil Mass celebrated at St. Augustine Cathedral.

“They are asking, ‘Why am I here? Where am I going? And what does all of this life really mean?’” he said. “And behold, the answer which they seek is in the one who has risen from the dead, the one who has broken the chains of sin and death, the one who gives every human heart its mission and destiny—Christ, the light that will never be extinguished.”

During his homily at the Easter Vigil, Bishop Caggiano called upon the faithful to be heroic witnesses to the light and not be afraid to preach the Gospel in a world that is often hostile to it.

He said that at times we can block the light of Christ “with our complacency, our familiarity, the fact that perhaps at times in our lives we become lukewarm or make peace with the world around us, when in fact we are called to be heroic in our witness to the light, to not fear the consequences of preaching this light of Christ to a world that sometimes does not want to hear it, does not want to see it, does not want to see it in you and me.”

Bishop Caggiano said that many people who are searching, hoping and looking for Christ, especially after the darkness of the pandemic, will find him in those who give faithful witness to the Gospel.

“He will come to them through you and me, and the light we shine in our hearts,” he said. “Let us show the world out there what it means to follow in the footsteps of the crucified and risen Savior.”

The Easter Vigil, which is the greatest liturgy of the year, the “mother of all vigils,” as St. Augustine said, began with the Liturgy of Light. The cathedral was in darkness while outside a holy fire was lit called the Lumenarium and blessed by Bishop Caggiano. The new Paschal candle was then lit, representing Christ, the light of the world. The priest led a procession into the dark church and stopped three times, proclaiming, “Christ, our Light!” as the candles of the congregation were lit from the Easter candle.

After the Easter candle arrived in the sanctuary, a Redemptoris Mater seminarian sang the ancient “Easter Proclamation,” also known as the Exsultet from the Latin “rejoice.”

This was followed by the Liturgy of the Word—seven readings from Genesis through Exodus and the Prophets to the New Testament, which were read in English and Spanish and chronicled God’s unfolding plan of salvation. Between the readings, psalms were chanted.

Since earliest times at the Easter Vigil, catechumens received the Sacraments of Initiation. Bishop Caggiano announced, “Tonight, Daniel, our brother, will be baptized, confirmed and receive the Sacred Baptismal Water, the young man received his sacraments and later was the first person to receive Holy Communion.

The entire congregation renewed their baptismal promises and received a blessing from Bishop Caggiano with the newly blessed baptismal water.

The Easter Vigil culminated with the celebration of the Liturgy of the Eucharist. In his homily, Bishop Caggiano reflected on his early mornings at his former residence in Trumbull, where he would begin his day with a cup of coffee and sit on the sofa in his sitting room, “enjoying a perfect view of the cemetery that abuts the property and the rising of the sun every morning.”

“It was in days like these in the beginning of spring that I had the great privilege to look upon those first rays of light that pierced the darkness, a light that steadily grew in power, color and beauty,” he recalled. “That light gave strength to my spirit and many times joy to my heart to prepare for what the day would bring. You and I, my friends, have come here tonight to celebrate a different type of dawn—a light that is more brilliant than a thousand suns. For it is the light of the one Son that is eternal.”

“For this is the sacred night when you and I have our spirits renewed, our hearts emboldened by a light that has pierced away the darkness of sin and death,” he said. “Your sins and my sins, your death and my death. For this is the night of our victory in Jesus Christ, a light that will never be extinguished, a light that brings hope and glory to all God’s children.”

The light of Christ comes to us in our baptism, he said, when we enter into the mystery of the death and resurrection of Christ by grace, which enlightens our minds by the gift of the Holy Spirit, giving us the gifts of faith, hope and love, along with the promise of everlasting life. It makes us adopted daughters and sons of God and members of the Mystical Body of Christ.

“We celebrate that great gift, perhaps the greatest of all gifts given us, this night when the darkness finally failed and the light conquered forever,” he said.

Recalling his early mornings at sunrise in Trumbull, Bishop Caggiano said the first light of dawn was blocked by a row of evergreen trees that were planted to separate the residences from the cemetery, and the sunlight “needed to fight its way to be seen through the branches until it rose high enough that the trees could no longer block it, to shine pure, unencumbered and clear for the eye to see.”

“Many a day I thought how beautiful it would be if those trees were not blocking it, if the light could be seen from its very beginning,” he recalled. “I wonder about that in your life and mine, for do we believe that the light has conquered darkness in Jesus Christ? Yes, we do believe it. We are here to celebrate it. But I must ask you, my friends, how often do you and I block the shining of that light in our lives like those trees do in Trumbull?”

Bishop Caggiano said that now, more than ever, we need to trim away whatever is in our lives that blocks the light of Christ.

“My friends, as we leave this church, let us resolve to take all that is withered, all that is dead in our lives, all that blocks us from being true witnesses of the light in the world and cast it aside and burn it away so that the light can shine brightly.”

At the conclusion, he said it was a great blessing to celebrate the Easter Vigil of the Lord together, and the congregation applauded.

“It is, please, Heavenly Father, a sign of hope for what is to come for us in the months ahead.”
Easter Hope

St. Mary celebrates the Risen Lord at Sunrise Mass!

By KATHY-ANN GOBIN

BETHEL—Hundreds gathered in the pre-dawn chill of Easter morning to celebrate the Risen Lord at a sunrise Mass at Blue Jay Orchards, hosted by St. Mary Parish in Bethel.

“I love to watch the sunrise come up during Mass,” said Vicki Wish, who attended the service with her family. “It’s a great way to start the day.”

With hundreds of others felt the same way as cars arrived in the early morning hour with headlights piercing the darkness. Lanterns lit the path to the outdoor service.

Many people came prepared for the early morning Mass with chairs and blankets to keep warm. Easter bonnets were replaced with more practical knit hats and gloves. Some people wore knit hats with lights to help them navigate the darkness, others used the light from their cell phone.

The occasional birds chirp in a field illuminated in moonlight.

“We have a very good crowd here this morning, despite the pandemic,” said St. Mary pastor Father Corey Piccinino, as he welcomed the congregation, who respected social distancing protocols and wore masks during the outdoor service.

“During the homily, Father Piccinino told the story of how Jesus paid for our sins with His life and related how Mary Magdalene was the first to see the Risen Lord. ‘She couldn’t wait until the sun came up and neither could we,’ he said to the gathered faithful, some of whom were huddled under blankets.

But the chilly temperature could never deter the hopeful.

“There’s nothing like seeing this beautiful sky, this beautiful sunrise,” said Karin Deshan, gesturing to the pink and lavender hues peeking over the horizon. “If you can’t be at the real tomb, this is an incredible experience.”

“We arrived here in the darkness here and we are leaving in the light with Jesus in our hearts,” said Deshan, who is a member of the choir and a parishioner of St. Mary’s for more than three decades.

Father Piccinino encouraged by attendance to the early morning Mass, said to the departing crowd, “I hope to see you all in church next week.”

The blessing of food on the eve of Easter is a very meaningful event for many of us. “When we gather at our first meal of Easter may this food be a sign for us of that heavenly banquet to which the Lord calls us.”

At the conclusion of the blessing, Father Wolfe was thankful for the gift of homemade cheese and kielbasa. “May all of these foods,” Father Wolfe said, “remind us of the goodness of creation and the abundant blessings God has given to us.”

Blessing of Food at St. Edward the Confessor

By KATHY-ANN GOBIN

NEW FAIRFIELD – Dozens of people gathered at St. Edward the Confessor Parish to receive a Blessing of the Food on the eve of the celebration of Easter.

“For 40 days we have been preparing by works of charity, fasting and self-sacrifice, in preparation for the great feast of the Resurrection,” said Father Robert Wolfe. “This Vigil of the Lord’s Resurrection is a time when all things are made new. Let us pray that the Lord will bless these Easter foods so that we may celebrate with hearts renewed on this feast of our salvation.”

Dozens of baskets of food were laid at the foot of the altar in the parish hall. The altar was adorned with Easter lilies surrounded by a variety of white, pink and yellow flowers. It is a Slavic tradition, when baskets containing a sampling of Easter foods are brought to church to be blessed on Holy Saturday.

Father Wolfe blessed the Easter baskets that were filled with bread, eggs, meat and other food items. Many of the baskets were adorned with embroidered white linens, sprigs of boxwood, the typical Easter evergreen and ribbons, woven through basket handles. There was even a whimsical touch of a child, who attached a stuffed animal to one of the baskets.

“Our Lenten fasting is a reminder of our hunger and thirst for holiness, which is satisfied only by Christ who feeds and nourishes us by His Word and sacraments,” said Father Wolfe. “When we gather at our first meal of Easter may this food be a sign for us of that heavenly banquet to which the Lord calls us.”

The blessing of food on the eve of Easter is a very meaningful tradition for many in the parish. “It’s a tradition I grew up with,” said Ella Palac, a parishioner of St. Edward the Confessor for 17 years. “Once you bless the foods, the Easter tradition begins. It’s something to look forward to after Lent.”

Father Wolfe prayed over the Easter bread that symbolizes Christ the Living Bread to feed us on our journey through life, the Easter cheese to teach us that Christians should have moderation in all things, the Easter ham, kielbasas and meats as a symbol of sacrificial animals of the Old Testament and Easter eggs as a symbol of new life, abundance, and prosperity.

After praying over them, Father Wolfe sprinkled Holy Water over the parishioners and the baskets of food.

“This was my grandpa’s tradition because he was Slovakian,” said Jennifer Marr, who attended the afternoon blessing with her family. “It makes us feel like he is with us and it makes us feel closer to him.”

Holy Thursday at St. Gregory

By KATHY-ANN GOBIN

DANBURY—A symbolic act of service and a reminder to not only follow the example of the Lord but to call on Him and trust Him, was the message at the Holy Thursday Mass at St. Gregory the Great Parish in Danbury.

“What our Lord did that evening was very powerful and meaningful. He wanted to do something the apostles would not forget,” said Pastor Father Michael Dunn during his homily about the Last Supper.

“The Son of God chose to take the role of a servant,” Father Dunn said. “Our Lord wants to take that role in our lives too. What we are to understand is that our Lord loves us so much, he wants to serve us and like the apostles, we are to allow Him,” Father Dunn said.

Father Dunn explained in Jesus’ time it was a job for the slave, servant or children of a household, not the master of the house, to wash the feet of a visitor as an act of hospitality. Since the apostles called Jesus master it was hard for them to grasp why he would want to wash their feet. The reenactment of the washing of the feet, imitates the humility and selfless love of Jesus, who washed the feet of the Twelve Apostles at the Last Supper, the night before his Crucifixion.

“I am so humbled and honored to be able to follow the example the Lord has given to us,” Father Dunn said before he washed the feet of six teachers from St. Gregory the Great School assisted by parochial vicar Father Christopher Ford.

Father Dunn said when asked to participate most people are either honored, surprised or uncomfortable, much like St. Peter who at first did not want the Lord to wash his feet. But when he understood the significance of the act, a spiritual cleansing and gift of love, he readily agreed.
Bishop visits St. James’ rooftop

AMY ADAMSKI

STRATFORD—Recently, Bishop Caggiano visited St. James Parish in Stratford. Father Peter Adamski has been celebrating Mass outdoors since the beginning of the pandemic—by riding a scissor lift to the rooftop! On Sunday, April 18, Bishop Caggiano did the same. Members of St. James Parish gathered in the parking lot to attend this special rooftop Mass.

The Most Reverend Frank J. Caggiano, Bishop of Bridgeport, has made the following clergy appointments in the Diocese of Bridgeport:

DEACON WILLIAM MURPHY, appointed to the Office of Advocate for Marriage cases before the Tribunal of Bridgeport. Effective date was April 1 for a term of three years.

DEACON WILLIAM TIMMEL, appointed to the Office of Advocate for Marriage cases before the Tribunal of Bridgeport. Effective date was April 1 for a term of three years.

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Reverend Francis T. Hoffmann Vicar for Clergy, April, 2021

FAIRFIELD COUNTY CATHOLIC

April 2021

EDITORIAL

Ambassadors of Christ

In his recent video urging all to participate in the 2021 Annual Catholic Appeal, Bishop Frank J. Caggiano summoned a hopeful moment in our lives and the life of the Church.

“At the end of Lent, we hear the beautiful poignant story of Jesus resuscitating his friend Lazarus. And what did He say to him? “Unite him, and let him go free.” We are now beginning to be united from the ravaging effects of this pandemic, but the Lord is sending his spirit to set us free, to allow His spirit, to capture our imagination, give strength and energy to our hands, to be bold and innovative, so that we can address the needs of our entire family of faith. And together we can do this. We can become ambassadors of Christ in the world.”

The bishop’s words are an invitation for all of us to become ambassadors of Christ in the world, but they are also pointedly a celebration of the new Ambassador Formation initiative called for in his recent Pastoral Exhortation, “Let us Enter the Upper Room with the Lord.” The response to the bishop’s call for Ambassadors has been enthusiastic and encouraging with more than 200 men and women from 30 parishes participating in the formation experience and preparing to join in a true invitational ministry.

Many thanks to Father Michael Novajosky, special assistant to the bishop, who is coordinating the formation, to the many pastors and priests who are participating, and to all the men and women who are working to serve as ambassadors by deepening their own faith and preparing to welcome all back to the Church. To read bishop’s exhortation visit: www.bridgeportdiocese.org/call-to-renewal/welcome.

This is where we are supposed to be

In this reflection, Emily Clark of Trumbull, a public school teacher, St. Theresa Parishioner and regular contributor to Fairfield County Catholic, captures the hope and joy that many felt this Easter as they were able to return to Easter Sunday Mass in person in contrast to last year when the state was in lockdown because of the coronavirus.

The clouds, gray and heavy, greeted us as we stepped onto the front porch Easter morning. I had hoped bright sunshine, the kind that would match the daffodils nodding in the churchyard.

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firmed what our priest said during his homily: “We’re here, and this is different, we said as Easter approached again. It would. It had to be.

never truly capture the essence of this holy day. This year would be different, we said as Easter approached again. It would. It had to be.

Easter Sunday Mass in person in contrast to last year when the state was in lockdown because of the coronavirus.

watching our priest consecrate the Eucharist on live-streamed TV instead to need now more than ever.

to Mass, but we found that brightness elsewhere. Christ had risen,

brilliant faces (even behind the masks) continued to brighten the front pew. This was Easter, I thought. It had to be.

personal suffering of the past year, yearning to do just that—gather together, but it was that gathering together that made it so different.

We were all emerging from our own personal darkness and our own isolation in isolation instead of in community. Though we told ourselves at the time it was better than nothing, a feeling of emptiness prevailed. Technology could never truly capture the essence of this holy day. This year would be different, we said as Easter approached again. It would. It had to be.

And it was. The white lilies and periwinkle hydrangeas on the altar, the lingering trace of incense in the air, and the sounds of the children’s choir created a feeling of welcome and, indeed, of peace that had been missing for over a year. Though we went to Mass outdoors in the car last summer and were grateful to attend the very socially-distanced vigil on Christmas Eve, this felt different. The symbolism of resurrection and renewal was not lost on any of us as we gathered together, but it was that gathering together that made it so different.

We were all emerging from our own personal darkness and our own personal suffering of the past year, yearning to do just that—gather together—once again!

“I love to see that the church is filled,” my daughter whispered. Filled? Not really, I thought. It couldn’t be—not yet. But it was. Not filled to capacity with parishioners, but filled with the hope and the joy of all that Christ’s resurrection means to us. The excited waves from across the pews and the bright smiles (even behind the masks) confirmed what our priest said during his homily: “We’re here, and this is where we are supposed to be.” As we bore witness to the suffering of the past year, we now see the promise in the rebirth of our lives.

And as we exited the church, another blessing greeted us bright sunshine, the kind that matched the daffodils nodding in the churchyard.

Clergy Appointments

Pastor

REVEREND JEFFREY COUTURE, from Pastor of Saint Francis of Assisi Parish, Weston, to Pastor of Saint Matthew Parish, Norwalk. Effective date was April 12 for a term of six years.

Parochial Administrator

REVEREND AUGUSTINE NGUYEN, from Chaplain Western Connecticut State University Newman Center, Danbury, to Parochial Administrator of Saint Francis of Assisi Parish, Weston. Effective date was April 12 for a term of one year.

Dean

REVEREND REGINALD NORMAN, appointed to Dean of Seat of Wisdom. Effective date was March 2 for the current term ending September 1, 2023.

Parochial Vicar

REVEREND CHRISTOPHER PERRELLA, from Saint John Parish, Darien, to Parochial Vicar, Saint Thomas Aquinas Parish, Fairfield. Effective date was April 12.

REVEREND LAWRENCE AMALRAJ GNANAPRAGASAM, appointed to Parochial Vicar Saint Rose of Lima Parish, Newtown. Effective date was April 1 for a term of three years.

Deacon

REVEREND WILLIAM MURPHY, appointed to the Office of Advocate for marriage cases before the Tribunal of Bridgeport. Effective date was April 1 for a term of three years.

REVEREND LAWRENCE AMALRAJ GNANAPRAGASAM, appointed to Parochial Vicar Saint Rose of Lima Parish, Newtown. Effective date was April 1 for a term of three years.

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USPS no.: 12-117. Periodical postage paid at Bridgeport, CT 06601, and additional mailing offices.

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Circulation

Every registered Catholic household in Fairfield County is entitled to a subscription. To cancel, change or add an address, please email: fcc@diobpt.org

Annual Subscription Price

$50 (outside diocese)

$20 (within diocese)

Postmaster

send address changes to:
Fairfield County Catholic
238 Jewett Avenue
Bridgeport, Connecticut 06606-2892

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April 2021

Editorial

Should we be rushing to get back to ‘normal?’

A YOUNG WOMAN’S VOICE

BY ELIZABETH CLYONS

Libby Clyons is Communications Associate for the Diocese of Bridgeport. She can be reached at elizabeth.clyons@dioct.org.

As vaccines continue to roll out, I’m starting to notice a sense of urgency in people to return to life as it was before the pandemic. While I understand the excitement to see friends and family again, and to once again enjoy certain activities we’ve missed out on, I find myself wondering what the rush is to get back to “the way things were before.” If there is anything this time has taught me, it is that there are certain things in life that hold less weight in the grand scheme of things. I suspect all of us in one way or another have asked ourselves similar questions: When it comes down to it, are those extra hours in the office really going to make you happier? Do we trade too much of our time for “success” or things we want to buy or think we need to be happy? Have we learned anything about ourselves and our lives from the suffering and loss of the pandemic? Many national surveys suggest that the “new normal” will be more difficult and challenging—maybe not a world we readily want to deal with. At the same time, we hear that people are reluctant to return to the “old” normal. They don’t want the rush hour commutes and sitting in traffic just a mile away from home or work. They’d like to be able to work from home more often where possible and have time in their life for other things.

And we also know what people miss—the unmasked freedom of being with others, enjoying life without the anxiety of exposure; being able to gather with family and friends; to go back to church and other parish activities and live a purposeful life. I was hopeful that experiencing a global pandemic would help people slow down and take stock of the things that are really important, and that it would spark an overall shift in what we value. I, for one, have learned so much about what those things are, and I hope it has changed the way I approach many things in my life.

I don’t think we should forget the more than 500,000 lives lost in our country alone, and many are still grieving even as those of us who went relatively unscathed are trying to recover what we lost and to move on.

While we’ve been inspired by the heroism of so many people during the pandemic, we’ve also been reminded that some lives have been worth more than others—that many of life’s joys and most vulnerable were far less healthy and did not have easy access to care. So we learn that a person’s value should not be based in her or his job, but as Christians we know that God tells us we are valuable in and of ourselves. Matthew 10:31 says, “So do not be afraid; you are worth more than many sparrows.” God sees our inherent value, outside of what we do to make a living, can we do the same for ourselves and others?

In our rush to get back to life as we knew it, I don’t want us to forget what happened here. I don’t want us to forget these 500,000+ people who no longer get to live their lives. How can we honor them in the way we live our lives moving forward?

I hope the pandemic has helped people realize that the things that set our souls on fire are the pursuits that make life worth living. As Matthew 6:34 says, “Tomorrow will take care of itself.” God assures us of this. Can we trust Him and begin to live our lives the way He intended them for us?

Having the knowledge we do now of how the things of true importance can be taken from us so quickly, can we really go back to the way things were before? In his Pastoral Exhortation, “Let us Enter the Upper Room with the Lord,” Bishop Frank J. Caggiano offers us an answer. He urges us to find courage and strength in God’s love for us and to joyfully share it with others.

In his wise words, we realize that the way of the Gospel and the ways of the world are not one and the same. And faith gives us a fullness that is not found anywhere else. I guess the challenge is to remember what happened here and what we learned during this time. Let us be intentional about how we move forward, as a testament to the lives that were lost.

A saint America desperately needs

SWIMMING UPSTREAM

BY JOE PISANI

Joe Pisani has been a writer and editor for 30 years.

Several years ago, I discovered my birthday is the feast day of a little-known woman who lived 700 years ago and is about to be canonized—a woman who, more than Thomas Jefferson, has a message for our age. Her name is Blessed Margaret of Castello, and she can best be described as “the patron saint of the unwanted.”

On my desk, I have a photo of her incorrupt body, which lies at the base of the altar at the Church of St. Dominic in Castello, Italy. It’s the face of a woman born blind, hunchbacked and lame, a woman of nobility whose family abandoned her as a child and forced her to beg on the streets to survive.

She is also a woman whose sanctity inspired thousands of people to attend her funeral when she died at 33 and whose intercession has led to many miracles over the centuries.

“Little Margaret,” as she was called, was born into a family of wealth and prestige in a castle near Perugia, Italy in 1287. Her parents wanted a son to carry on their noble ancestry, but instead God gave them a daughter who was blind and deformed. In our era of pre-natal testing and eugenic abortion, Little Margaret would never have been born.

At 6-years-old, her parents made her leave the castle and imprisonment for 13 years to keep her out of sight. Despite her poor health and deformity, she was intelligent and full of goodness, and she loved God with a contagious fervor.

When she was 19, her parents took her to Castello to seek a miracle. She had been imprisoned for 13 years to keep her out of sight. Despite her poor health and deformity, she was intelligent and full of goodness, and she loved God with a contagious fervor.

Little Margaret eventually became a lay Dominican and spent her final years doing acts of charity and mercy, visiting prisoners, assisting the sick and comforting the dying, until she died.

Did her life have purpose? To God it did. Despite her personal suffering, she brought joy and love to many others afflicted by a spiritual sickness common in the 21st century—they are “unwanted.”

In modern America, the unwanted have many different faces. They’re the unborn, the incurably ill, the handicapped, the elderly, the poor and the dispossessed. And they share one thing in common: Their dignity as human beings is denied, and their right to life is threatened by a society that doesn’t value the weak and the infirm.

Every year, 1.2 million babies are aborted in America—more than 20 percent of all pregnancies. In his encyclical “The Gospel of Life,” Pope John Paul II wrote, “Eugenic abortion is justified in public opinion on the basis of a mentality that accepts life only under certain conditions and rejects it when it is affected by any limitation, handicap or illness. It is possible to speak in a certain sense of a war of the powerful against the weak: A life that would require greater acceptance, love and care is considered useless or held to be an intolerable burden, and is therefore rejected. A person who, because of illness, handicap or, more simply, just by existing, compromises the well-being or lifestyle of those who are more favored tends to be looked upon as an enemy to be resisted or eliminated.”

In 1609, Margaret was declared blessed, and she will be canonized later this year. Over the centuries, her story has inspired countless people. Her life offers a telling lesson for our age: A child who had no value to her parents had inestimable value to God. And through her, God did great things.

Yes, even Blessed Margaret was endowed by the Creator with certain unalienable rights, among them life, liberty and the pursuit of happiness.

Blessed Margaret, patron of the unwanted, pray for America.
We Stand With Christ

New technology grant helps Blessed Sacrament

By JOE PISANI

BRIDGEPORT—When Father Skip Karcsinski looks back on the challenges Blessed Sacrament Church confronted during the COVID-19 lockdown, he says his parish benefited from a grant from Foundations in Faith that updated its technology and communications systems.

“COVID-19 changed everything,” he said.

The parish phone system was outdated and couldn’t receive or leave messages. A former employee, now deceased, who had worked at the church 18 years ago had recorded the prompts.

Because the parish technology was linked together, Blessed Sacrament needed an overhaul. In addition, the pandemic made it necessary to live-stream services and conduct religious education classes online with Zoom.

“They asked me, ‘How can you possibly function like this?’ You see, we are a very hands-on parish, and our people prefer to visit in person rather than use the phone,” he said. “We functioned well enough until COVID-19. This grant changed everything. It was providential and allowed us to continue to serve our people during very difficult circumstances.”

Blessed Sacrament is the first church in the Diocese of Bridgeport to receive the Francis Xavier Technology & Communication Enhancement Grant for missionary parishes, from Foundations in Faith, which is supported by the We Stand With Christ Campaign.

Kelly Weldon, director of Foundations in Faith, said: “This was a huge success for us. The Blessed Sacrament team dug deep and embraced technology and all the learning and changes that go along with a significant upgrade. They were willing to step out of their comfort zone and the results speak for themselves.”

Weldon said that because of the pandemic, pastors had to shift gears quickly and embrace technology that would let them connect with their parishioners and bring Mass into their homes. Those who had never before filled out an online form suddenly found themselves live-streaming Mass to hundreds, if not thousands, of people.

“Our parishes with financial burdens—our missionary parishes—did not have the technology they needed to do this,” she said. “And Joe Sindelar, vice chairman of Foundations in Faith and the board advocate of the St. Francis Xavier Fund, recognized the importance of getting Mass live-streamed everywhere in the diocese.”

The project was undertaken by Liz Tamarkin and her company Newfound Consulting LLC, which assessed the scope of the upgrade and implemented the changes with the parish team.

“Each grant application begins with an in-depth interview to get to know the parish community, how they like to communicate, and understand where the parish is currently with their technology infrastructure and use,” Tamarkin said.

Father Skip said everything that interfered with the life of the parish because of COVID-19 was remedied by the grant and the new technology.

“We even had a couple of Zoom retreats, which have been great fun, and the children are still receiving religious education online, which is overseen by Karen Soares-Robinson our director of religious education,” he said.

And while the children adapted quickly to the technological changes, Father Skip concedes that he and his staff “needed tutoring and mentoring and some personnel help, which the grant provided.”

The parish was also able to bring on a retired educator, Natalie Foust, to work with ParishSOFT, a church management software that interfaces with the diocese.

“We are coming along, and we needed a lot of patience,” he says. “We’re very grateful to Liz and her team.”

Father Skip, who has been a priest 42 years and pastor for nine, said he is especially grateful for the grant from Foundations in Faith and the patience of the people who completed the work over a period of nine months.

“They were troopers,” he said. “And what about that old phone system?”

Tamarkin said that the new phone system allows people to call at any time and get the information they need from the auto-attendant on everything from Mass and Confession times to cancellations and parish events, in both English and Spanish. They can also leave messages for the parish staff, which is especially important when office hours are limited.

Tamarkin and her team have now begun work at St. George Church in Bridgeport, which will be followed by St. Mary of Stamford Parish.

The St. Francis Xavier grants are available to “missionary parishes,” which Weldon defined as those that are vibrant in their communities with strong pastoral and lay leadership, and excellent ministries and outreach. They are in urban environments and dealing with socioeconomic burdens.

(Weldon urges anyone who would like to donate or support the St. Francis Xavier Technology & Communication Grants or other initiatives of Foundations in Faith to contact her at kelly.weldon@foundationsinfaith.org.)

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Two statues to be formally dedicated at special Mass

By ELIZABETH CLYONS
BRIDGEPORT—Bishop Frank J. Caggiano recently launched a diocesan-wide renewal as he consecrated the Diocese of Bridgeport to the protection and intercession of St. Joseph, the Patron of the Universal Church, during this Year of St. Joseph proclaimed by Pope Francis.

On May 2, 9:30 am at St. Augustine Cathedral, Bishop Caggiano will celebrate Mass to formally dedicate the St. Joseph Statue and a new statue of the Sacred Heart of Jesus.

The bishop celebrated a Pontifical Mass on the Feast of St. Joseph, Bishop Caggiano observed, “Today we honor a man who has no directly recorded words in all of Sacred Scripture, and yet we come here to honor him as patron and guardian, defender and protector.”

A new statue of the Sacred Heart of Jesus was also generously donated on behalf of Joseph and Mary Gauci.

Joseph Gauci was a carpenter, and his wife’s name was Mary. They sacrificed everything to give their children the opportunities for a better life. They lived the lives of their name sakes—always praying, helping others, and being there for each other. They made sure to decorate their home with holy objects, most notably a large picture of the Sacred Heart of Jesus in the kitchen. Every day, when getting up from the kitchen table after evening coffee and heading to bed, Mary would put her hand on that picture and give thanks for the day and all that was provided to them. Joseph Gauci continued this tradition after Mary’s passing. Devotion to the Sacred Heart was something that they both shared in their hearts.

Diocesan News

Archbishop Blair, Kelly Weldon to be honored at Redemptoris Mater Gala

By BRIAN D. WALLACE
DANBURY—The Fourth Annual Redemptoris Mater Seminary Gala Dinner will be held on Sunday June 6, 2021 from 5-9 pm at the Amber Room Colonnade, located at 1 Stacey Rd in Danbury.

Dinner will begin with a cocktail hour at 5 pm followed by the main meal served at 6 pm. All safety protocols and distancing requirements will be observed to ensure that all who attend will remain safe.

Redemptoris Mater is the missionary seminary of the Diocese of Bridgeport. It is under the direction of Father Marco Pacciani, rector, and Father Giandomenico Flora, spiritual director and rector of St. Margaret Shrine in Bridgeport.

Each year, the gala gathers friends and supporters of Redemptoris Mater from the tri-state area to raise funds to support its work and also to honor a number of persons who have distinguished themselves in their witness of Catholic faith and in their support of seminary formation.

“This year I will have the pleasure to honor the Most Reverend Leonard P. Blair, Archbishop of Hartford and Mrs. Kelly Weldon, assistant to the chairman of Foundations in Faith,” said Bishop Frank J. Caggiano.

The bishop said that in 2019, Archbishop Leonard P. Blair decided to join the Bridgeport effort and open a section of the Redemptoris Mater Seminary in Stamford for the formation of priests for the Archdiocese of Hartford.

“Archbishop Blair’s action elevated our seminary to the status of a regional one. For this reason, we wish to thank him for his support of our seminary and his commitment to the work of the New Evangelization,” he said.

The seminary has also been supported in part through funds made available through Foundations in Faith under the direction of Kelly Weldon, a member of Our Lady of Fatima Parish in Wilton.

“We receive this support through the tireless work of many people and in particular of Mrs. Kelly Weldon, assistant to the chairman of the Foundation, and I would like to thank her for her commitment to the seminary, great pastoral vision and tireless work,” the bishop said.

Bishop Caggiano invited the Redemptoris Mater Seminary to the diocese in December 2015, with the purpose of preparing priests for missionary work anywhere in the world—from China to Europe and the Philippines and even the streets of Bridgeport. The Redemptoris Mater Seminary in the Diocese of Bridgeport was the ninth in the United States. Today there are young men there are from many different nations including USA, Brazil, Colombia, Kiribati and Honduras.

Redemptoris Mater (Mother of the Redeemer) seminaries are under the auspices of the Neocatechumenal Way, a 57-year-old charism in the Church, dedicated to Christian formation and the New Evangelization. They were inspired by St. Pope John Paul II and his call for a “New Evangelization.” The first seminary opened in 1987 in the Diocese of Rome and today there are 123 on five continents. Since their inception, more than 2,000 men have been ordained to the priesthood and some 1,500 seminarians are in formation worldwide.

(Reprinted from The Catholic, the diocesan newspaper for the Diocese of Bridgeport. Used with permission. The Catholic, the diocesan newspaper for the Diocese of Bridgeport.)
New Administrative Manual

By Brian D. Wallace

Bridgeport—The Diocese of Bridgeport has released its new Parish Administrative Manual, a guide to the key processes and procedures required for use in the day-to-day and long-term operations of parishes.

Bishop Frank J. Caggiano formally promulgated the new Parish Administrative Manual in a decree issued on March 19, the Solemnity of St. Joseph, Husband of Mary. The manual was issued ad experimentum, effective for one year.

“I am pleased to present the final Parish Administrative Manual which applies to all parishes and quasi parishes of the Diocese of Bridgeport,” said Bishop Caggiano. “I pray that it will help us become the loving family of God’s people who rejoice not only in our holy work but in the companionship of those who work with us.”

The bishop thanked pastors and administrators who provided valuable input, feedback and changes that have been incorporated within the manual. In his decree, the bishop states that over the past year the curial offices of the Diocese of Bridgeport have spent much effort to revise the manual “in order to offer necessary enhancement and updates for the best practices need for proper and transparent administration of parish resources.”

The new manual replaces the original Parish Administration and Finance Manual promulgated by Bishop William E. Lori, Fourth Bishop of Bridgeport on February 15, 2008. Since that date, parish administrators have been served by the valuable provisions the manual offered, the bishop said in his decree. Deacon Patrick Toole, episcopal vicar for administration, who coordinated the effort, said the manual serves as a baseline for administrative processes at the parish which are mandated by the diocese.

The 141-page manual provides parishes with direction and support on several topics including Safe Environments, Employment and Personnel, Sacramental Records, Parish Governance and Legal Administration, Communications, Technology and Development.

Deacon Toole said a general calendar follows the table of contents in section one and provides an overview of key dates. A checklist is also included at the beginning of each section to highlight salient points in the narrative that follows.


Knights welcome faithful home

NORWALK—The Knights of Columbus St. Matthew Council 14360’s favorite week of the year is Holy Week. Since the council started in 2007, they have helped prepare the parish for Holy Week and the commemoration of the Passion, Death and Resurrection of Jesus Christ. Last year, due to the beginning of the pandemic, the parish was not open for in-person Masses so it was nice to welcome everyone home for the holiest week of the year.

“As Knights, we are the Church’s right arm. It is our responsibility to ensure we do all we can to help our parish priests, staff and fellow parishioners as they journey to the parish on such a Holy Week. In some cases, that also marked the return to a bit of normalcy as the pandemic has altered many people’s plan to attend weekly Mass,” said Council Grand Knight Anthony Armentano.

The council really stepped up at the start of the pandemic, not only helping with the re-opening of the parish after being closed to in-person Masses but conducting food drives, donating winter coats for those in need, sending food to the frontlines of the pandemic as well as helping repair and beautify Catholic schools in the area.

“I love my Brother Knights. This group of men truly loves to assist our parish and those in need. They truly love to put their faith into action,” said District Deputy and Past Grand Knight George Ribellino.

In a year already affected by a global pandemic, the parish also experienced a great loss when St. Matthew Pastor Msgr. Walter Orlowski, who had taken ill during the early stages of the pandemic, sadly passed away in December—just a few days before Christmas. Parochial Vicar Father Sunil Pereira, who had assumed the leadership role in parish during Msgr.’s illness and eventual passing, sought out the Knights and the council stepped up to assist him with ushering the Masses and assisting with various projects around the parish.

“Father Sunil is a great priest and did such a phenomenal job keeping our parish running seamlessly and we wanted to help our Brother Knight to help make his job easier. St. Matthew Parish is so blessed to have Father Sunil,” said Ribellino.

During Holy Week, the council cleaned the church, set up signs promoting Easter Masses, led the outdoor Stations of Cross on Good Friday, changed the banners from spring to Easter around the campus, cleaned and painted all of the outside statues, helped prepare for triduum services and supplied ushers and readers for the Holy Week Masses.

“In the most important time of our liturgical year and in the midst of such uncertainty, my Brothers did what they do best—serve their parish, community and our priests with unceasing energy. It was such a beautiful and inspiring Holy Week in every aspect including and especially the opportunity to attend services together in public—an option not available at this time last year. Truly, a Happy Easter,” Armentano reflected as the last Easter Mass had ended.

(For more information, please go to www.saintmatthewknights.com.
To join the Knights of Columbus, go to kofc.org/joinus. Free first year membership; use promo code MCGIVNEY2020.)
PLEASE JOIN OTHER GENEROUS DONORS IN MAKING YOUR GIFT TODAY!

When you make a gift to the 2021 Annual Catholic Appeal, you are touching the lives of thousands of people across Fairfield County.

Your gift supports a variety of critical programs and ministries in the Diocese of Bridgeport.
The Leadership Institute provides for sacramental preparation, Rite of Christian Initiation for Adults (RCIA), in addition to new online programs for marriage formation, and an enrichment series on the various stages of married life, called True Love That Lasts; Resources, webinars and video programs for bereavement, Mourning in the Pandemic; an Easter program in English and Spanish for in-home formation; and conversations on race.

Seminarians discern their vocation while receiving formation at seminaries chosen by the Bishop, including the Redemptoris Mater Diocesan Missionary Seminary of Bridgeport.

A call to Eucharistic renewal will include new adult faith formation courses, Centers of Mercy and Eucharistic Adoration, and new pastoral centers that will focus on family life, entrepreneurship for young adults, evangelization, and Catholic culture.

Elderly priests living at the Catherine Dennis Keefe Queen of the Clergy Residence receive care in their retirement.

Mass is celebrated in 15 languages, programs help ethnic ministries, and financial assistance is provided for parishes with exceptional needs.

The Diocese of Bridgeport educates students who will steward their God-given gifts to understand, express, create and ultimately serve as missionary disciples of Jesus Christ.

- Enhanced strategy for academic excellence for students and ongoing professional development for educators ensuring best practices for Catholic education.
- Over 4,600 students in all 19 diocesan elementary schools receive excellent personalized instruction through cutting-edge technology and faith-based moral development to achieve academic and personal goals.
- The Bishop’s Scholarship Fund provides over 1,000 students with tuition assistance at diocesan elementary schools who could not otherwise afford a Catholic education in Fairfield County.
- The Catholic Academy of Bridgeport serves the inner-city elementary schools in a faith-based learning environment.
- More than $89,791,381 in college scholarships was awarded to 585 graduating seniors from our diocesan schools, with a 100% graduation rate year after year.

The Annual Catholic Appeal supports Catholic Charities programs that serve the poor and most vulnerable members of our community through nutrition outreach that feeds the hungry and homebound, shelters the homeless, counsels the mentally ill, assists immigrants and strengthens individuals and families.

Priests, Deacons and Religious Sisters provide pastoral ministry to the sick and elderly in nursing homes and hospitals.

The Saint Catherine Center for Special Needs cares for and educates individuals with disabilities.

WHEN YOU MAKE A GIFT TO THE 2021 ANNUAL CATHOLIC APPEAL, you are touching the lives of thousands.

Your gift supports a variety of programs and services:

- The Leadership Institute provides for sacramental preparation, Rite of Christian Initiation for Adults (RCIA), in addition to online programs for marriage formation on the various stages of married life, including True Love That Lasts; Resources, webinars and video programs for bereavement, Mourning in the Pandemic; an Easter program in English and Spanish for in-home formation; and conversations on race.
- Seminarians discern their vocation while receiving formation at seminaries chosen by the Bishop, including the Redemptoris Mater Diocesan Missionary Seminary of Bridgeport.
- A call to Eucharistic renewal will include new adult faith formation courses, Centers of Mercy and Eucharistic Adoration, and new pastoral centers that will focus on family life, entrepreneurship for young adults, evangelization.
- Elderly priests living at the Catherine Dennis Keefe Queen of the Clergy Residence receive care in their retirement.
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2021 ANNUAL CATHOLIC APPEAL
Providing works of charity, formation in faith, education and catechesis.

My Dear Friends in Christ,

“Arise” is the theme of the 2021 Annual Catholic Appeal and is a statement of hope for renewal and recovery this year. The story of Lazarus continues to come to mind in my reflections. The Lord’s words to Lazarus are, “untie him and let him go free,” and that is precisely the invitation from the Lord to each of us — to arise from the darkness of this pandemic and to seek new life in Him.

As I look upon the past year, during a time of unexpected and historic crisis, I am deeply grateful for your generous response to the Appeal, which brought the mercy of Christ to so many.

This year’s goal is $8.1 million, 10% less than last year due to the success of the We Stand With Christ Capital Campaign, and will allow the Diocese to maintain the immediate works of charity, formation in faith, education and catechesis, while the Capital Campaign sustains the long-term mission of the Diocese.

Please join with me in making a gift to “Arise.”

May the Lord bless you and your family.

Faithfully in Christ,

Most Reverend Frank J. Caggiano
Bishop of Bridgeport

PLEASE JOIN OTHER GENEROUS DONORS IN MAKING YOUR GIFT TODAY!
2021 ANNUAL CATHOLIC APPEAL, thirds of people across Fairfield County. and ministries in the Diocese of Bridgeport.

Charity and Pastoral Services

Serving with dignity and love those who have nowhere else to turn …

- The Annual Catholic Appeal supports Catholic Charities programs that serve the poor and most vulnerable members of our community through nutrition outreach that feeds the hungry and homebound, shelters the homeless, counsels the mentally ill, assists immigrants and strengthens individuals and families.
- Priests, Deacons and Religious Sisters provide pastoral ministry to the sick and elderly in nursing homes and hospitals.
- The Saint Catherine Center for Special Needs cares for and educates individuals with disabilities.

Whatever you did for one of these least brothers of mine, you did for me.
— Matthew 25:40

Ministry

gift of the Eucharist in our lives and parishes...

- The Leadership Institute provides for sacramental preparation, Rites of Christian Initiation for Adults (RCIA), in addition to new online programs for marriage formation, and an enrichment series on the various stages of married life, called True Love That Lasts; Resources, webinars and video programs for bereavement, Mourning in the Pandemic; an Easter program in English and Spanish for in-home formation; and conversations on race.
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Education and Catechesis

Faith-based learning communities of academic excellence...

The Diocese of Bridgeport educates students who will steward their God-given gifts to understand, express, create and ultimately serve as missionary disciples of Jesus Christ.

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- Over 4,600 students in all 19 diocesan elementary schools receive excellent personalized instruction through cutting-edge technology and faith-based moral development to achieve academic and personal goals.
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The Annual Catholic Appeal is a celebration of faith by funding evangelization and ministry efforts that ensure the vitality our Catholic faith.

The Catholic Academy of Bridgeport serves the inner-city elementary schools in a faith-based learning environment.

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— Matthew 25:40
WAYS TO GIVE
When contemplating your level of sacrificial giving, please consider using the Pledge Plan. Pledging will allow a greater sacrifice by extending the payment of your gift through December 31, 2021.

CHECK
Make payable to the Annual Catholic Appeal. Please do not send cash.

CREDIT CARD
Payable online or by pledge card.

ONLINE GIVING
2021ACABridgeport.com.

TEXT TO GIVE
To make a gift via text messaging, text the word APPEAL to (475) 241-7849. Msg&Data Rates May Apply.

MATCHING GIFTS
Many organizations will match gifts to Catholic Charities and Schools, and the Bishop's Scholarship Fund. Please contact (203) 416-1312 for more information.

GIFTS OF SECURITIES
If you own securities that have appreciated in value, they can be given to the Appeal and their full market value becomes a tax-deductible gift. Please contact (203) 416-1470 for more information.

COURT OF HONOR
Recognizes donors who have demonstrated extraordinary generosity to the Annual Catholic Appeal. Membership is extended to any individual or family that contributes an Appeal gift of $2,500 or more.

– Bishop’s Leadership Circle ($25,000 and above)
– St. Teresa of Calcutta Society ($10,000 - $24,999)
– St. Katharine Drexel Society ($5,000 - $9,999)
– Court of Honor Partner ($2,500-$4,999)

FOR MORE INFORMATION
Visit: 2021ACABridgeport.com
Call: (203) 416-1470
Email: 2021ACA@diobpt.org

2021 ANNUAL CATHOLIC APPEAL
DIocese OF BRIDGEPORT

GOAL - $8,100,000
ALLOCATION OF 2021 FUNDS

FAITH AND MINISTRY ........................................ $3,841,000
• Catholic Leadership Institute and Faith Formation .......... $ 477,000
• Formation of Priests and Deacons ................................ $ 1,417,000
• Eucharistic Call to Renewal ......................................... $ 100,000
• Pastoral Care of Retired Priests ................................... $ 1,622,000
• Mission Parishes .......................................................... $ 125,000
• Pastoral Centers ......................................................... $ 100,000

EDUCATION AND CATECHESIS ............................. $1,972,000
• Bishop Scholarship Fund ........................................... $ 700,000
• Catholic Academies of Bridgeport ............................... $ 400,000
• Youth ................................................................. $ 215,000
• Communications ....................................................... $ 657,000

CHARITY AND PASTORAL SERVICES ..................... $1,712,000
• Catholic Charities of Fairfield County ....................... $ 550,000
• Pastoral Care of Sick and Elderly .............................. $ 912,000
• St. Catherine Center for Special Needs ....................... $ 250,000

Fundraising Expenses .................................................. $ 575,000
Total ACA Goal Allocation ........................................... $8,100,000

Each year, the Diocese of Bridgeport assesses its financial resources, the needs of parishioners and its ability to respond effectively and with compassion. The following list is an overview of how Appeal contributions will be distributed.

In the spirit of financial transparency, the cost to conduct the Annual Catholic Appeal totals 7 cents on the dollar based on the 2021 ACA goal. Fundraising expenses may also provide additional support to a number of these areas.
Diocesan Finances

Diocese releases audited Financial Statements

The Diocese of Bridgeport pays the balance of a $15 million loan from the Knights of Columbus

BRIDGEPORT—On Monday March 29, the Diocese of Bridgeport paid the remaining loan principal balance of $3.25 million on a promissory note to the Knight of Columbus originally obtained in December 2011.

“This is a very positive step forward for the diocese, particularly as we celebrate a year of renewal and revitalization,” said Bishop Frank J. Caggiano. “Faithful financial stewardship is the key to trust and the growth of the diocese.”

The bishop said he was grateful to Chief Financial Officer Michael Hanlon, to members of the diocesan Finance Council and to all those throughout the diocese who have worked toward a balanced budget along with ongoing financial transparency and accountability.

“This was a very significant moment in the financial life of the diocese and one that we have been working toward for more than five years,” said Michael Hanlon. Paying off this note has been forefront in our annual financial viability strategies.

In December 2011, the diocese issued a promissory note to the Knights of Columbus for the $15 million loan. The proceeds were used to repay in full a loan called from another financial institution as well as reduce other long and short term liabilities.

Hanlon said the Knights stepped forward at that time and gave the diocese a lifeline as it struggled with considerable debt.

The original note included a term loan for 20 years, an interest rate of 5%, and five years of interest-only payments with the principal balance amortized over the remaining 15-year term. The Knights have been accommodating in its annual modification of loan terms to continue the interest only provisions and the reduction of the interest rate, reflecting market conditions. The diocese is particularly grateful to the Knights and Anthony Minopoli for these modifications, which helped to reach the goal of closing out the loan.

The diocese collateralized the loan with certain liquid assets and real estate. The terms of the original agreement earmarked proceeds from real estate sales for principal payments. In 2013, the diocese began paying a portion of the principal balance of the loan. Nearly $3.0 million was repaid from the sale of some properties. Additional principal payments occurred in the subsequent years until the final payment was made in March. This final payment is one critical part of the diocese’s long-term plan for financial viability.

Hanlon said a plan was established by the Finance Council to eliminate the debt balance and save approximately $130,000 annually in interest expense from the diocesan operational budget.

“As Bishop Caggiano continues to inspire the faithful with his vision for the diocese through his Call to Renewal,” our ability to pay off the Knights loan is very good news and will help us to ensure the adequate resources for completing initiatives, mission-related programs and investments in the future,” Hanlon said.

CONTINUED ON PAGE 31
Men’s Ministry follows path to faith and service

By JOE PISANI

RIDGEFIELD—Every Saturday morning at 6:30 am, the men of St. Mary Church in Ridgefield turn on their computers and get together via Zoom to discuss issues that have an added urgency in 21st century America...questions such as “What does it mean to be a man and faithful father?” And “Where can a guy turn for support when he’s confronting a life crisis?” In these troubled times, an increasing number of families can be fragmented, and a growing number of men find themselves adrift in a society that’s uncertain about the definition of manhood, and what it means to be a man of faith. They are fundamental questions to the St. Mary Men’s Ministry.

“The ministry provides a forum where men can share their stories when things are difficult in their lives, that they can’t share anywhere else because people might look at them as unmanly,” said Tim O’Connell, a member of the leadership team. “But in this place, it is safe, and we are all going through the same things. We get a powerful witness at the meetings of the personal struggles men go through—a wife’s long battle with cancer and then her passing, a child’s addiction, how to deal with the teenage years or a period of depression...and navigate through the challenges of life.”

For Joe Boland, joining the Men’s Ministry meeting in the fall of 2016 a few weeks after moving into our home in Ridgefield. I went by myself, had low expectations, and expected a handful of men present at best. I was totally shocked at the size and diversity of the group that early Saturday morning.”

“For me, Men’s Ministry has provided a very important social connection to a group of upstanding people who want to do better and who are very supportive,” he said. “Conversely, it has sometimes provided opportunities for me to help others in some humble fashion. I have also made a number of friends in the group at a time of life when such connections are extremely important.”

Almost 12 years ago, Joe Bellacosa was invited to attend the group’s Saturday morning meeting, and it proved to be what he called “a great gift during my retirement years.” He said, “The diversity in age range and perspectives on the individual faith journeys have a paradoxically unifying effect. I am grateful to the friend, the recently deceased Tom Castellani, and to Holy Spirit for inspiring this gathering of a very special community of faith.”

Bob Saraceni, who helps establish men’s ministries in other parishes throughout Fairfield and Westchester counties said, “When we started this journey, we had a hunch it would meet the needs of men searching for a new experience of ‘faith as experience and community.’ As we begin our 13th year, we are inspired and blessed by the ripple effects this has had in men’s lives and in the lives of their families. Clearly, the Holy Spirit is at work. Certainly, with all we are going through in the world right now, Men’s Ministry will continue to be an important part of our faith journey.”

John Eppolito, who moved to Ridgefield with his wife Joanne in 1978, has been active in the Men’s Ministry for eight years and also served on the finance council and as a hospitality host. He is a transplant from Brooklyn, where he attended the same elementary school as Bishop Frank J. Caggiano—St. Simon and St. Jude. He and Joanne are parents of two grown daughters, Pamela and Veronica.

“I looked at this as an opportunity to join a group of men who share their life experiences and faith journey,” he said. “Women are always getting together, sharing their stories, but men are a different breed and don’t do that easily. Having lived longer than most of the guys, I’ve gone through things they haven’t gone through yet, and some of the experiences I’ve had can help them get through them, whether it involves marriage or how to deal with your teenage children or grandchildren.”

“The Men’s Ministry gives him an opportunity for camaraderie. He often tells the younger guys that today their lives are centered on their children and their work, but as they get older and leave their jobs, their network will get smaller, and the ministry will let them associate with people who are like-minded and faith-filled.”

The men range in age from the late 20s to the mid-50s and beyond, with many of them fathers of teenagers who are going off to college. Others are thinking about retirement and trying to figure out what their next step in life will be.

St. Mary, Ridgefield

The Men’s Ministry was inspired and blessed by the ripple effects this has had in men’s lives and in the lives of their families. Clearly, the Holy Spirit is at work. Certainly, with all we are going through in the world right now, Men’s Ministry will continue to be an important part of our faith journey.”

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Dear Friends,

This special section of *Fairfield County Catholic* is meant to provide information on some important new developments in our Catholic Cemeteries as we respond to current needs and plan for the future.

It is also my hope that it will help guide you and your family in making decisions about your own burial intentions along with your loved ones.

The events of the past year have put a new emphasis on the importance of pre-need planning, so that our survivors are not burdened with additional challenges and uncertainties at a time of grief and loss.

While these are not issues that are easy to discuss, they can ensure your wishes are honored and also unite a family in the clarity of your intentions concerning Catholic burial.

At the Catholic Cemeteries of the Diocese of Bridgeport, we are committed to providing cemetery property for the sacred religious function of burial. We are also committed to preserving these resting places as a symbol of our Catholic belief.

Catholic cemeteries offer a range of burial options beginning with traditional full-body interment in a ground plot or entombment in a mausoleum. Since 1963, cremation has also been accepted by the Church, and now accounts for about 50 percent of the burials in our cemeteries.

I invite you to look over plans for the new St. Catherine of Siena Mausoleum at Gate of Heaven Cemetery in Trumbull, which will offer beautiful and reverent burial options for both above ground, and to meet our new team of counselors who can assist you in pre-need planning as well as in your family’s moment of need.

I am also pleased to say that in recent months, we have also launched a major beautification initiative at the diocesan cemeteries, which celebrates them as peaceful and communal places to visit and reflect in their beautiful surroundings.

(For further information about the Catholic Cemeteries of the Diocese of Bridgeport, please contact us by visiting the website: www.bridgeportdiocese.org/cemeteries or calling: 203.416.1491.)

Sincerely,

Dean Gestal, Executive Director, Catholic Cemeteries

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**Cemeteries transition to new governance model**

BY BRIAN D. WALLACE

BRIDGEPORT—Bishop Frank J. Caggiano has issued a decree formally creating a new management and governance structure for diocesan cemeteries.

Under the decree issued on March 25, the cemeteries will transition to a limited liability company with an independent board of directors within the Corporation of the Diocese of Bridgeport.

The bishop said he is grateful to the Diocesan Finance Council, Catholic Cemeteries management and the diocesan finance office for their efforts to prepare for and structure the transition.

“After much deliberation, the Diocesan Finance Council has recommended to me that the best way to structure the cemeteries would be the creation of a limited liability company within the Corporation of the Diocese of Bridgeport,” the bishop said.

The membership of the board of directors will be announced later this spring as the diocese finalizes the transition to the new governance model.

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In accordance with Canon Law, the bishop will be the administrator of this juridic person. Under civil law, governed by Connecticut Statute Section 34, the bishop will be the appointed manager of the limited liability company and as manager, he will appoint a board of directors who will manage and oversee the operations of the cemeteries.

The membership of the board of directors will be announced later this spring as the diocese finalizes the transition to the new governance model.

The Finance Council agreed to the proposed creation of this juridic person unanimously at a special meeting on March 12, 2021 and the diocesan College of Consultants also gave its approval on March 17, 2021.

Dean Gestal, director of Catholic Cemeteries, said that the new management structure represents a new era that will strengthen the mission and ministry of Catholic cemeteries and hopefully will lead to expanded beautification projects and improvements, a higher level of services including newly hired counselors to guide people through the process, and more burial options for families.

For Gestal, who retired after a successful finance career, the cemeteries are a ministry that supports “the sacred religious function of Catholic burial, while reaching out to families by building a closer relationship with our parishes.”

He said that at a time of great change in society including burial practices, Catholic cemeteries can play an even more important role in memorializing loved ones, bringing families together and reaffirming the importance of Christian burial.

Catholic cemeteries offer many options and services including estate lots to accommodate current and future generations of the same family, special areas on which to construct family mausoleums, entombment in community mausoleums and memorial design services. For those thinking of cremation, cremation graves and columbarium niches are available to accommodate the reverent disposition that the Church desires.

Gestal encourages people to consider “pre-need” planning for themselves and their loved ones, so that decisions do not have to be made when they are dealing with loss and emotional stress.

Pre-planning also gives families more time to visit and select a cemetery, meet with cemetery representatives and review the many burial options available to them.

(For further information about the Catholic Cemeteries of the Diocese of Bridgeport, visit the website: www.bridgeportdiocese.org/cemeteries or calling: 203.416.1491.)
Catholic Cemeteries

New mausoleum under construction at Gate of Heaven Cemetery

TRUMBULL—The Diocese of Bridgeport has begun construction of the St. Catherine of Siena Mausoleum at Gate of Heaven Cemetery, which will have 600 full-body crypts and 550 niches for cremains, centered on a bronze life-sized statue of the Risen Christ from Italy.

The project, which involves a partnership with the Parish of St. Catherine of Siena and St. Theresa Parish, is expected to be completed in the fall, according to Dean Gestal, director of Catholic Cemeteries.

“It will be a beautiful granite building with a glass atrium from the floor to the ceiling in the middle,” he said. “The mausoleum will have three alcoves and be in the shape of a cross. The front of the building is granite and open glass.”

At the entrance to the mausoleum will be a magnificent bronze life-sized statue of the Risen Christ, to be sculpted in Italy by Cody Swanson, a recognized sculptor who teaches at the Florence Academy of Art, said Father Joseph Marcello, pastor of the Parish of St. Catherine of Siena. It will be based on Gianlorenzo Bernini’s statue of the risen Christ, which stands atop the tabernacle in St. Peter’s Basilica in Vatican City.

“When families come to this mausoleum for committal services or to visit the tombs of their loved ones, they will be greeted by this statue, and it will remind them very powerfully of the victory of Jesus Christ over death, which is the bedrock of our faith,” Father Marcello said.

A committee headed by Father Marcello and Deacon Patrick Toole, episcopal delegate for administration of the Diocese of Bridgeport, is conceptualizing religious art for the mausoleum. Among the features that will be incorporated into the building will be panels containing the Beatitudes.

“One aspect of the design that I think will be especially meaningful will be the eight mosaic panels placed in the interior of the mausoleum, which will list the eight Beatitudes,” Father Marcello said. “Back in 2014, Pope Francis said, ‘At the end of the world, we will be judged. And what questions will we be asked there? What will these questions be? What is the protocol by which the judge will evaluate us?’ We find it in Chapter 25 of the Gospel of Matthew. The
Beatitudes... are the questions that we will be asked on Judgement Day. We will not have titles, credit or privileges on which to stake our claims. The Lord will recognize us if, in our turn, we recognized him in the poor, in the hungry, in the indigent and the outcast, in those who suffer and are alone... This is one of the fundamental criteria for evaluating our Christian life, which Jesus calls us to measure up to every day.”

Emphasizing the importance of Catholic burial services, Father Brian Gannon, pastor of St. Theresa Parish in Trumbull, said: “From a Catholic perspective, the body is the Temple of the Holy Spirit and consecrated to God, and we will be resurrected with a glorified body just as our Lord has a glorified body and bears the wounds of his Passion. So the funeral rites and the committal at the cemetery are important to our faith. The body deserves respect in our commodity-orient ed world.”

St. Theresa’s has more than 100 funerals a year, and the new mausoleum at Gate of Heaven Cemetery will offer parishioners more choices for interment, he said.

Construction of the mausoleum is being done by Northeast Mausoleum LLC of New Hope, Penn., a general contractor specializing in the cemetery industry. The St. Catherine of Siena Mausoleum will be adjacent to the St. Monica Mausoleum, built 25 years ago with 550 crypts and a number of niches, which have all been sold. The current project also entails refurbishing the exist-

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unaware of the rules for a proper Catholic burial.

Father Marcello said: “Every time I pray the committal prayers at the cemetery for the interment of the body of a deceased person, I am moved by the words the Church provides: ‘Lord Jesus Christ, by your own three days in the tomb, you hallowed the grace of all who believe in you and so made the grave (or tomb) a sign of hope that promises resurrection, even as it claims our mortal bodies.’ Burial in a Catholic cemetery or mausoleum is an expression of our faith in Christ’s resurrection, and our recognition that our own death and burial is a participation in the death and burial of Christ. And we know that death and burial are not the end of the story for Christ—or for us.”

Most of the niches in the new mausoleum will have a glass front and be lit from the inside, where the urn will reside. They may also be personalized with a place for mementos of the deceased person. In addition, vase holders and picture frames will be available for the shutter fronts of the crypts.

Catholic Cemeteries has been reaching out to parishes because Gestal wants to encourage the faith community to participate in the diocese’s ministry to the families of the deceased.

After the St. Catherine of Siena Mausoleum is completed in the fall, plans will be developed to construct additional mausoleums in Darien, Danbury and then Greenwich, Gestal said. The demand for above-ground burial is growing, and is a practice that is widely accepted in Southern European countries, he said.

Catholic Cemeteries

St. Mary–Putnam Cemetery (1)
Greenwich, CT | (203) 869-4828
Queen of Peace Cemetery-Stamford (2)
Stamford, CT | (203) 322-0455
St. John Cemetery (3)
Darien, CT | (203) 322-0455
St. John / St. Mary Cemetery (4)
Norwalk, CT | (203) 838-4271
Assumption Green Farms (5)
Assumption Kings Highway
Westport, CT | (203) 838-4271
St. Michael Cemetery (6)
Bridgeport / Stratford, CT | (203) 378-0404
Gate of Heaven Cemetery (7)
Trumbull, CT | (203) 268-5574
Resurrection Cemetery (8)
Newtown, CT | (203) 268-5574
St. Peter Cemetery (9)
Danbury, CT | (203) 743-9626
**Catholic Cemeteries**

## Help to apply for FEMA aid for COVID-19 burials

**By Brian D. Wallace**

TRUMBULL—The Diocese of Bridgeport is reaching out to the families who had a loved one die of COVID-19 last year to let them know they can receive up to $9,000 for related funeral expenses from the Federal Emergency Management Agency.

“We see this as an opportunity to reach out to the families of the 1,600 people we buried last year to inform them,” said Dean Gestal, the director of Catholic Cemeteries. “We can identify 350 we know died of COVID-19, and there are obviously many more who will be able to recoup some money for funeral expenses and burials.”

In addition, a letter will go out from Bishop Frank J. Caggiano for pastors to read and publish in their parish bulletins, announcing the FEMA program.

Gestal’s office is also sending letters to the 1,600 families that buried a loved one in the Catholic cemeteries during 2020 to explain the requirements to obtain the financial assistance.

He said the Catholic Cemeteries Office of the Diocese of Bridgeport is available to assist with any burial information required to file for this assistance, as well as discuss and plan for future needs. (For more information, visit bridgeportdiocese.org/fema or call the Catholic Cemeteries office at 203.416.1494 or email dtotten@diobpt.org.)

The new FEMA program provides up to $9,000 for COVID-19 related funeral expenses incurred between January 20, 2020 and December 31, 2020.

You must meet the following conditions to be eligible:
- The death must have occurred in the United States, including the U.S. territories and the District of Columbia. (You can obtain one by contacting the State Vital Records Office or vital records agency where the death occurred.
- The death certificate must indicate the death was attributed to COVID-19.
- The applicant must be a U.S. citizen, noncitizen national or qualified alien who incurred funeral expenses after Jan. 20, 2020. (There is no requirement for the deceased person to have been a U.S. citizen, noncitizen national or qualified alien).
- FEMA will reimburse families up to $9,000 for COVID-related funeral and burial costs; however, different factors will determine who is eligible to receive the full amount or a portion of the funds.

Before applications open up in April, FEMA recommends those who may be eligible gather the following documentation:
- An official death certificate that attributes the death directly or indirectly to COVID-19 and shows that the death occurred in the U.S., including the U.S. territories and the District of Columbia.
- You must provide IRS documentation of funds received from other sources specifically for use toward funeral costs. FEMA will not duplicate benefits received from burial or funeral insurance, financial assistance received from voluntary agencies, government agencies or other sources.

**McCurdy is named director**

BRIDGEPORT—Joseph McCurdy of Norwalk has been promoted as the new director of sales and marketing after almost three years of service in cemetery management for the diocese.

McCurdy first came to the diocese after a finance career on Wall Street and work in the construction industry. For the past three years he has served as a member of the Catholic Cemeteries management team for the diocese.

“Joe is committed to the culture of faithful service we seek to provide families who come forward to bury their loved ones,” said Dean Gestal, Director of Cemeteries. “He understands the needs of families during a time of crisis, while also being committed to the value of pre-need planning and its role in preparation for Christian burial.”

McCurdy credits his Catholic education that directed him to serve in the ministry of cemetery work. The New York native attended Our Lady of Grace School and Archbishop Molloy High School in Queens, N.Y. and then received his BS degree from the University of Scranton, a Jesuit university located in Scranton, Penn.

His takeaway from Catholic schools was the importance of helping those in need. Having experienced the personal loss of two brothers in the prime of their lives, he knows all too well the suffering families endure. Joe and his wife Gabriella, have two children, Juliana, 10 and Colin, 8. Colin just received his First Holy Communion at St. Thomas the Apostle Church, East Norwalk, where they are parishioners. In his spare time, Joe manages to coach softball and baseball and help out with his son’s cub scout troop.

McCurdy and Decelle Totten, manager of Cemetery Operations, hold biweekly zoom meetings with counselors to ensure the team network is in place. Moreover, the team meets to discuss improvements, COVID precautions and new ideas for the betterment of cemetery operations and service. All meetings begin with a prayer petitioning God for strength, safety and courage to meet the many workday challenges. The diversity of backgrounds of the counselors lends to interesting discussions and solutions to issues.
Leadership Institute

‘True Love That Lasts’ webinar series

By ELIZABETH CLYONS

BRIDGEPORT—Beginning on February 11, many couples joined the “True Love That Lasts” webinar series, a collaboration between Dr. Jim Steffen, author of “The Secret of Growing True Love That Lasts,” and Dr. Patrick Donovan, director of The Leadership Institute.

Maria Mullen, who participated in the program with her husband Ted and did not miss a single session, explained that the “miracle” was that both the book and webinar present is clear, concise and easy to use. “Many books on marriage and love come across as self-help books, with ideas, but no step plan, said Maria. “This book gives a concrete format with an easy to use method. The questions are set, but the answers are numerous.”

Steffen’s book, the webinar, and the accompanying follow-up video series focuses on how couples can grow true love that lasts by asking just a single question a day.

“In their book, Jim and Carol Steffen outline a very simple recipe for a strong and healthy marriage, said Bishop Frank J. Caggiano. “By asking just one question a day, husbands and wives can work together to build a relationship that endures. I invite couples of all ages and experience to take up Jim and Carol’s challenge of growing true love that lasts.”

“It encourages communication and closeness when the question of the day is asked,” explained Mullen. “If you want to bring your marriage to the next level, this is the program with which to do it as it is a gradual unveiling of the ‘masks’ we are all so good at hiding behind.”

Steffen explains that one can participate as a couple or as an individual.

Nithya Jacob, a member of the Catholic Psychotherapy Society, said that she enjoyed sharing with the other webinar participants. “I felt so connected with everyone over this period of five weeks. I learned a lot from each one of my teammates and it was very insightful to share with each other under the direction of Coach Jim.”

Jacob shared that she would encourage others to join in the next webinars to help them live a life of greater joy, understanding and love for their spouse and family.

A pilgrimage to the ‘seven churches’

STAMFORD—Martha Dombroski, a member of Holy Name of Jesus Parish in Stamford, provided these photos of her “Seven Churches” pilgrimage to churches in Stamford on Holy Thursday.

Visiting the Lord in the Blessed Sacrament at seven churches on the night of Holy Thursday is both an ancient tradition and part of Martha’s family tradition.

“My parents were long-time members of the choir at Holy Name of Jesus Church in Stamford. As a child, I remember after Holy Thursday Mass we’d spend time in front of the Blessed Sacrament and then drive to a few churches to ‘see their altars or reposition.’

“I don’t really remember if we went to seven churches in total and I never thought of it as a pilgrimage either. In my seven or eight year old mind, we were just going to see the altars.”

As she got older and lived on her own, Martha says she fell out of the practice of visiting the seven churches…but about 10 years ago, when she started attending Bible Study, other members of her group were talking about “making the pilgrimage.”

“I realized quickly that this was much more than just going to see how each parish chose to decorate their altars of reposition. It is a chance to join Peter, James and John and “stay and watch” with the Lord, spend time with Him and not scatter. It is an opportunity to join Mary and ponder all that happened that day in the Upper Room and in the garden and all that was about to happen on Good Friday.”

Martha Dombroski says the Seven Churches Pilgrimage was an opportunity “to shut out the distractions and concentrate on Jesus and all that He has done for me.”

The evening pilgrimage also connects her with her beloved parents. “It is for me, my most prayerful time of Holy Week and the Triduum, because, like my parents, I sing in the very same choir that they did.”

In preparation for her pilgrimage, she took the extra step of visiting the websites of local parishes to get information. She hopes that many churches will participate next year and invite pilgrims on Holy Thursday.

Her pilgrimage included stops at Holy Name of Jesus Church, St. Cecilia Church, St. Bridget of Ireland Church, Sacred Heart Church, St. Clement of Rome Church, St. Mary Church and the Basilica of St. John the Evangelist.
Obituaries

Deacon Vincent Heidenreich

RIVERSIDE—Deacon Vincent J. Heidenreich of Greenwich passed away on Monday, March 22 at the age of 79.

“It is with great sadness I must inform you of the death of Deacon Heidenreich. Please pray for the repose of the soul of Deacon Vincent and for the consolation of his family,” said Bishop Frank J. Caggiano.

Deacon Vince was ordained a deacon for the Diocese of Bridgeport in 1990 and since that time had been assigned to St. Catherine pastoral staff. He also served as the property manager for St. Catherine.

Vincent J. Heidenreich was born in Pittsburgh on June 15, 1943. His father was a general practitioner and his mother a nurse. He is the eldest of twelve, seven boys and five girls. He was educated in parochial schools, grade, high and at The Catholic University of America.

Deacon Vince spent 35 years in the pharmaceutical industry. One of his earlier promotions to pharmaceutical marketing management prompted the relocation of his family to Greenwich in July 1978, and first joined St. Catherine of Siena Parish.

In 1983, he joined the healthcare division of BBDO on Madison Ave., supervising the development of prescription-drug advertising. His last eleven years in the industry were as advertising head at Bayer Pharmaceutical. He retired from Bayer in November 2000.

Deacon Vince served as director of Religious Education at Notre Dame Parish in Easton from 2001-2011. He was very involved in marriage-preparation work for the diocese and for the parish.

He is survived by his son, Vincent Heidenreich, Jr., and his wife, Wendy, of Braintree, MA, and his daughter, Beth Santa, and her husband, Devin, of Fairfield, CT. He will be missed by his four loving grandchildren, Victoria and Zachary Heidenreich and Alyssa and Heidi Santa, all of whom he had the privilege of baptizing. He also leaves behind his loving companion of several years, Carole Walth. He was predeceased by his former wife Margaret whom he met while attending Catholic University. (Condolences may be sent to: The Heidenreich Family c/o St. Catherine of Siena Parish, 4 Riverside Avenue Riverside, CT 06878.)

St. Jude’s Novena

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever.
Sacred Heart of Jesus, pray for us.
St. Jude, worker of miracles, pray for us.
St. Jude, help of the hopeless, pray for us.
Say this prayer nine times a day.
By the ninth day your prayer will be answered.
Say it for nine days.

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FAIRFIELD—Notre Dame High of Fairfield dominated South-West Conference basketball this winter—the winter defined by a pandemic—but there were two distinct story lines.

The Lancers’ boys squad featured a new head coach, Brian Kriftcher, formerly of Trinity Catholic, and he brought three of his players with him, seniors Akim Joseph, Andrew Saint-Louis and Rassoul Abakar. His predecessor had won just a handful of games the previous season, and so there were question marks galore.

The Notre Dame girls team, coached by former UConn star Maria Conlon, returned many of its key players from the previous season’s 23-1 unit, including All-State guard Alzhanique Mayo and all-round athlete Mac Stone-Folmar. They knew they’d do well.

Kriftcher’s debut exceeded expectations, as the Lancers stumbled just once en route to an 11-1 record capped by a 70-62 decision over defending champion and top-seeded Kolbe Cathedral in the SWC title game on March 25. Conlon’s squad was equally dominant, winning 12 of 13 games, and dismantled Pomperaug, 57-27, in the conference’s championship game on March 26.

“Our only loss was to Masuk, but due to COVID protocols, none of our varsity players were in uniform,” Conlon explained. “I played freshmen, and we only lost by three (36-33).”

The Notre Dame boys trailed by eight points early in the final quarter of the SWC championship game, and both Joseph and Saint-Louis were saddled with four fouls. But Joseph, who finished with a game-high 24 points, netted the Lancers’ opening 10 points of the closing period, and Saint-Louis scored six of his 15 points—including four crucial free throws down the stretch—to secure Notre Dame’s fifth SWC title.

“Saint-Louis was our glue all year long. He was handling the ball, hitting big baskets, playing a mistake-free season,” Kriftcher said. “Kolbe came in undefeated. We had to match their intensity level, their talent level. This year was a function of people coming together.”

Both Joseph and Saint-Louis were selected to the 2021 All-SWC team by the Connecticut High School Coaches Association All-State team for the second season. She averaged 20.4 points, 6.8 rebounds, seven assists and five steals.

“According to Conlon, “some 30 to 40 schools have shown an interest in her,” but they’ll have to wait. Mayo is just a junior.

Two of Mayo’s classmates, Sara McCary and Kayla Tilus, joined her on both the 2021 Coaches All-State team and the SWC all-star team. McCary averaged 15.5 points and eight rebounds this winter, while Tilus checked in with 14 points, nine rebounds and nearly six steals per game.

Kolbe Cathedral (11-2), which had bowed to Pomperaug in the SWC semifinals, placed senior Ciara Brown on the Coaches All-State team and both the 2021 Connecticut High School Player of the Year and was selected to the All-State team and both Brown and Mishell Pringle on the conference all-star squad.

Notre Dame was runner-up to undefeated Norwich Free Academy in GameTimeCT’s girls state basketball poll, while in the boys state poll, the Lancers placed sixth and Kolbe (13-1) was 10th.

On the hockey front, Fairfield Prep (11-1-1) finished first for the fourth straight year in GameTimeCT’s Boys ice hockey poll. The Jesuits’ Luke Noonan and Mason Whitney and Notre Dame-Fairfield’s Brian Essing were selected to the Coaches Division-I All-State hockey team. Named to the All-State second team were Prep goalie Tommy Martin and Immaculate’s Tim Hayden.

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SWC team, as were Kolbe senior point guard Dan Wellington and junior Ty Staples-Santos. Wellington scored 20 points against Notre Dame in the title game. Immaculate of Danbury placed senior Joao Pedro Miranda on the all-conference squad. Meanwhile, the Notre Dame girls surprised their coach in one respect. “We entered the season knowing there would be no state tournament. I was prepared to have some kids who checked out,” Conlon said. “But this team came to play every day. They didn’t pack it in.” Indeed, the Lancers dispatched most opponents fairly easily. The 5-foot-9 Mayo was named MaxPreps’ 2020-21 Connecticut High School Player of the Year and was selected to the 2021 All-SWC team by the Connecticut High School Coaches Association All-State team for the second season. She averaged 20.4 points, 6.8 rebounds, seven assists and five steals.

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Column: Thomas Hicks

Solid Food

BY THOMAS H. HICKS

Thomas Hicks is a member of St. Theresa Parish in Trumbull.

For many Catholics, the Letter to the Hebrews is an unknown text. Yet it is one of the most meaningful Scriptural writings. It has much to offer to the modern church. As one commentator put it, “Prepare to be changed when you drink deeply from Hebrews. It will leave you better than when you started.”

Hebrews is not a letter, it is a sermon that has been written down, and it is not a writing of St. Paul but by an unknown author. The reason for the “letter” was that a sizeable number of Christians were falling away from the faith, and many were beginning to stay away from Christian worship. Sound familiar? The preacher wanted to encourage them to persevere. He begins by reminding them of some benefits that come with Christianity, gives some cautions and warnings, and tells them to encourage one another. Then, in chapter 5, verse 11, he suddenly and unexpectedly breaks off from what he’s been saying and takes a new direction. He makes an attempt to shake up his listeners. He confronts his audience with the problem of their spiritual immaturity, the problem of their immaturity in the faith, and tells them that the main reason for Christians leaving the faith is their “lethargic” Christianity. They do not try to understand the faith at a deeper level. There is culpable negligence and “sluggishness.” Even though they have been engaged with the Christian faith long enough to now be teachers of others, they are still like infants at a mother’s breast. They are negligent of their responsibilities to study, to learn and to teach the faith. They still need someone to teach them the first principles of the faith.

The preacher accuses his listeners of being recipients who can still take only milk, not solid food. By “solid food” he means deeper truths, more advanced, substantive doctrines. This situation is insufficient for perseverance in the faith. This ignorance leads to ineffectiveness in communicating the faith. They are not able to speak intelligibly. Hebrews 5:13: “for everyone who lives on milk is unskilled in the way of righteousness, for he is a child.” Such a situation makes believers vulnerable to leaving the faith. The preacher challenges his audience to move beyond a few basics of Catholic doctrine. Their Catholic development has been arrested.

With solid food one experiences new kinds of life and love.” A famous Catholic Scriptural commentator, Raymond Brown, commented: “I have a fellow-feeling for what the writer of Hebrews says in this sudden and surprising passage. The author gives his analysis of where his audience was spiritually and intellectually and has the courage to say it straight to them. He clearly wants to wake up his audience.

In our churches today we need to recognize the same tendencies Hebrews comments about. So many Catholics are not only eager to stay with a diet of milk, but actually get angry at the suggestion that they should be eating something more substantive. This has puzzled and bothered me for years. I meet settled prejudice against making any effort at all to learn what the Catholic faith is about. As a result, we find an extraordinary ignorance about lives being transformed by the power of the scriptures and scholarly theology. Here and there I meet an eagerness to take in as much teaching as one can. Some Catholics are indeed eager for solid food. But I deeply regret that in most churches it seems that most people can only be persuaded to take another small helping of warm milk.”

(Research indicates that in places where substantive Bible classes and Catholic scholarship presentations are offered, they are attended by one-half of one percent of Catholics they are intended to reach. There seems to be a certain indifference to learning deeper aspects of the faith.)

Raymond Brown goes on: “Most Catholics today don’t even know much about the milk—the ABCs of the faith. Many (most) couldn’t tell you why we baptize people, or what precisely the resurrection is. It’s not that they learned their ABCs long ago and forgotten it. No: they haven’t even learned it in the first place.”

“Thus, the preacher of Hebrews rebukes the immaturity of those who can still have only milk, not solid food. St. Paul did the same thing.”

Here are some disturbing statistics. One in five children who are baptized will not receive their first holy Communion, two in five will not make their confirmation, and by all accounts, we can expect about 35 percent of our youth and young adults to stop the practice of the faith by age 21.

Here’s another statistic: the majority (71 percent) of people who have drifted away from the faith have left not in anger, but in disappointment. They say, “I never felt that my spiritual needs were met by the church.”

The famous Catholic theologian Karl Rahner was once asked if those who leave the Catholic faith commit the sin of apostasy? He replied: “No, you can’t apostatize from what you don’t know.” Says a lot about what he thought was the depth of “regular” Catholics knowledge of the faith.

Thus, the preacher of Hebrews rebukes the immaturity of those who can still have only milk, not solid food. St. Paul did the same thing.

St. Jude’s Novena

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever.

Sacred Heart of Jesus, pray for us.

St. Jude, worker of miracles, pray for us.

St. Jude, help of the hopeless, pray for us.

Say this prayer nine times a day. By the ninth day your prayer will be answered. Say it for nine days. It has never been known to fail. Publication must be promised. Thank you St. Jude.

CWL

J.A.H.

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J.A.H.
Prayer to the Blessed Virgin
(Never known to fail)
Oh most beautiful flower of Mt. Carmel, Fruitful Vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh Star of Sea, help me and show me here you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth. I humbly beseech You from the bottom of my heart to succour me in this necessity. (make request) There are none that can withstand Your Power. Oh Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mother, I place this cause in your hands (three times). Say prayer for three consecutive days and then you must publish it and it will be granted to you. Grateful.

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Por MARICARMEN GODOY

BRIDGEPORT—La parroquia- catedral de Saint Augustine, la iglesia que es el hogar y el centro de oración de Monseñor Frank Caggiani, Obispo de la Diócesis de Bridgeport, desde finales de febrero es regentada por el P. Juan Gabriel Acosta, nativo de Colombia, quien también recibió a la iglesia de Saint Patrick como parte de la unificación de las dos iglesias.

Aunque el P. Juan Gabriel admite que está en el proceso de conocer a sus feligreses y que por la pandemia poco a poco están empezando a llegar a las celebraciones eucarísticas y a los grupos de oración, sin embargo, decidió –tomando todas las precauciones de bio-seguridad-salir a saludar a los suyos después de cada misa con el fin de conocerlos e iniciar un plan de trabajo pastoral a corto y mediano plazo.

El P. Juan Gabriel, que es muy querido en Norwalk, estuvo al frente de la iglesia de Saint Ladislau por más de cinco años, sacando de la nada a una parroquia que había perdido a la casi totalidad de sus miembros y convirtiéndola prácticamente en una iglesia vibrante en un noventa ciento hispana debido a que está ubicada en South Norwalk, un sector poblado de migrantes recién llegados de América Latina y Haití, en su mayoría.

Con este cambio a Saint Augustine, ubicada en 399 Washington Avenue, el P. Juan Gabriel, por pedido del Obispo Caggiani, empezó solo en esta nueva misión y con la experiencia del “retiro de cómo responder los nuevos retos de los nuevos migrantes”, decidió que Saint Augustine, el templo y la parroquia donde básicamente se realizan las ceremonias especiales de la Diócesis con el Obispo, “tome un matiz familiar”, dijo. Es decir, que las necesidades espirituales sean vividas en un torno a la familia”.

Otro de los aspectos nuevos que está viviendo a diario el nuevo Rector de la Catedral, es la llegada de a poco de los adultos mayores.

Grupo que antes de la pandemia le daba vida a la Catedral, pero hoy, el P. Juan Gabriel, narra, que como ya han sido vacunados contra el Corona virus están viendo a la misa diaria o bien la esposa o bien el esposo solos y también en pareja.

El caso de las familias con niños pequeños o grupos grandes para celebraciones de fiestas todavía no se está viendo porque la parroquia está tomando las medidas de bio-seguridad y una de éstas es no reunir a grupos grandes ni tampoco realizar fiestas patronales a lo que da el tope de la iglesia.

Pero si regresó la catequesis con 48 niños quienes cumplen a cabalidad el uso del cubre bocas, el lavado de manos y la sana distancia de seis pies. Además las misas en español con horarios especiales a la que hay un cupo promedio de 180 a 200 personas copando las tres naves de Saint Augustine que tiene capacidad para más de mil personas.

También regresaron los grupos de oración que se juntan entre semana y los fines de semana para las celebraciones eucarísticas. El regreso de los feligreses a las misas y de los grupos de oración y catecismo es el tercúmulo que el sacerdote necesita para poder revivir el Consejo Parroquial, la instancia, después del Obispo Caggiani, más importante porque ellos deciden cual es el rumbo a seguir de la parroquia y marcan el plan de trabajo.

Por eso el P. Acosta insiste que está en la etapa de conocer a todos sus feligreses para poder entender la dinámica de su nueva misión pastoral.

“Para mi este momento es un instante de acercamiento. Ese es mi plan. Acerarmacme a mi comunidad y conocerlos”, repuso. Plan que lo puso en marcha desde que también lo está realizando en la iglesia de Saint Patrick, iglesia que fue unida a la catedral para sacar adelante el trabajo pastoral de las dos comunidades en una sola.

Acorde con el P. Acosta, en Saint Augustine hay un registro de 600 familias registradas. De ellos un 50 por ciento es de origen hispano y el otro 50 la conforman afro descendientes (haitianos y estadounidenses) y caucásicos (blancos).

Los grupos de oración, el grupo de estudios bíblicos y el regreso de los niños a la catequesis para prepararse para los sacramentos, es la clave para plasmar lo que será la vida parroquial de la Catedral en los próximos años, dijo el P. Acosta.

La celebración de la misa en inglés a las siete de la mañana en Saint Patrick (851 North Avenue) y a las 12:10 pm en la Catedral es parte del plan de seguimiento y acompañamiento a sus fieles. Pero, las misas en español de los sábados a las 7 pm y los domingos a las 11 am en la Catedral y la misa de 7 pm de los miércoles en Saint Patrick; es la medida de pulso para poder andar el plan de trabajo parroquial de los siguientes meses.

Por ahora, el sacerdote colombiano, está concentrado en acompañar y conocer a sus feligreses. Vive en la parroquia de Saint Patrick y aunque técnicamente la Catedral de Saint Augustine es el hogar de oración y refugio del Obispo, por encargo del mismo, él es el Rector de la llamada: Parroquia-Catedral de Saint Augustine junto a la iglesia de Saint Patrick.
Our world needs the presence and closeness of God

By FATHER CHERIS FORD

One of the funny things about technology, as much as it is an essential part of our lives today, is how quickly technology becomes obsolete. Almost as soon as a new cell phone, computer or tablet hits the market, it already begins to seem outdated and the world looks eagerly ahead to the next version to come out. Indeed, the first thing many cell phones must do when we turn them on after taking them out of the box for the first time is to update the software. Old and outdated technology has become quaint — “When I was your age, we didn’t even have cell phones” has been replaced by “When I was your age, I still had a flip phone.” Some may even make the same argument for religion and especially the priesthood. Perhaps, organized religion and the sac- rificial life of the priesthood are sentimental reminders of a bygone era. As the communion of the Church, especially a wounded Church, gives way to the relative comfort of an entire world seemingly at my fingertips, the role of the Church in my life is less certain and, therefore, the role of the priest is blurred even more. Now it is certainly true that during the pandemic, many priests have shown immense pastoral creativity and that technology has helped us to reach people where we could not join together physically. But the temptation is to think that we are destined for this to be a part of the new normal. However, if the pandemic has shown us one thing, it is that a screen is not a replacement for a face and technology is not a replacement for a real presence. The fact is that Catholicism is ultimately a religion of the Incarnation, of a God who loved the world so much that He sent His only Son in the flesh to be present to humanity and, ultimately, to suffer, die, and rise in the flesh for us and for our salvation. As a wise priest once said, this is why our parish priests live in the parish in which they work and do not commute in from out of town. The fact that the priest lives among us is a sign of the reality that God continually dwells among us though the Church and her sacramental life, administered primarily by the priest.

Especially in the sacraments of the Eucharist and Confession, the priest takes what can seem only theoretical and makes it tangible: the very fact that God is involved in our lives. Because we can encounter Him personally in the sacraments, it means that when we speak of God’s merciful love, we are not speaking in the abstract. We are instead speaking of something and, more importantly, someone, who has actually impacted my life personally, intimately and directly. This is why the priesthood remains as relevant today as it was on the evening it was instituted! In fact, it may even be more relevant today than ever before. For all its immense benefits and gifts, technology has created an illusion that we have never been closer to one another, when the reality may be we have never been farther apart.

Our world needs the presence and the closeness of God, who remains with us even to the end of the age, in the midst of His Church. People need to know that, even when the world lets them down, there is always someone in whose eyes they are acknowledged, delighted in, and loved: Our Heavenly Father. Brought to life in the person and ministry of the priest, the real and true presence of God in our lives is one thing that will never be obsolete.
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