



YOUNG ADULT FAITH IN ACTION



A vibrant young adult ministry in Stamford is helping young Catholics, like **Thomas Angiolollo**, deepen their faith and find meaningful community within the Church. What began as an invitation to explore fellowship and formation has grown into an active outreach where prayer, Sacred Scripture, service, and shared faith are central.

At Holy Name of Jesus Parish, the monthly Young Adult Mass brings young adults together for Eucharistic adoration, the Sacrament of Reconciliation, the celebration of Mass, and time for fellowship. Through this ministry, participants are discovering a **stronger sense of purpose and a deeper relationship with Christ**, rooted in community and service.

The Bishop's Appeal supports young adult ministries like this one, strengthening parish life, fostering unity, and forming future leaders for the Church.

Please consider supporting our young adult community through the Bishop's Appeal.

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