



ACCOMPANYING ONE ANOTHER IN HOPE

At St. Aloysius Parish in New Canaan, a monthly spiritual support group offers prayerful encouragement to those living with illness and to caregivers walking alongside them. Founded by parishioner Pat Calanca in collaboration with Fr. David Roman, *Peace in the Storm* provides a welcoming space where participants **reflect on faith, share experiences, and draw strength from one another in Christ.**

Guided by the *Peace in the Storm* resource, this lay-led ministry demonstrates how simple acts of presence, prayer, and listening can become powerful signs of God's love. Mentorship and training are available and a willingness to accompany others with compassion and faith.

Support from the Bishop's Appeal, **One in Christ**, allows ministries like this to continue reaching those in need, strengthening parish life, and bringing comfort to hearts facing difficult moments.

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