



A Message from Bishop Caggiano

Lent invites us to walk with the Lord more intentionally, allowing Him to lead us from where we are to where He desires us to be.

This Lenten Pilgrimage offers a sacred opportunity to enter holy spaces throughout our diocese, and open our hearts more fully to conversion, healing, and hope.

As you journey from church to church, may each Mass deepen your trust in the Lord's mercy and renew your joy in the Gospel.

Know that I am walking with you in prayer, asking the Holy Spirit to strengthen and bless you along the way. May this pilgrimage draw us ever closer to Christ—and to one another—as we prepare

for our Sacred Paschal Triduum, especially the joy of Easter.

Father and Guide— A Prayer for our Journey

Loving Father, you guided the people of Israel with a pillar of cloud by day and a pillar of fire by night.

Lead and be present on our pilgrimage. Be for us the guide at the crossroads, Our breath in our weariness, Our protection in danger, Our true home where we stay, Our shade in the heat, Our warmth in the cold, Our light in the darkness,

Our consolation in our discouragements, And our strength in our intentions. Fill us with the grace of the Holy Spirit to see your actions in this journey.

Hear the prayers we send up in the holy places, offered for the Church, the world, our family, friends and enemies. So that with your guidance we may arrive safe and sound at the end of the road, and enriched with grace and virtue return safely to our homes filled with joy. Through Christ our Lord.

Amen.



2026 Diocesan Lenten Pilgrimage

FEBRUARY 18 — APRIL 2

68 MASSES *in 30 CHURCHES*
over 38 DAYS —



<p><i>Please join us for as many Masses as you can and experience the Truth and Beauty of the Lenten Season!</i></p> <p>Name: _____</p> <p>Email: _____</p>		<p>Wednesday, February 18 Saint Augustine Cathedral Bridgeport ● Mass 9 am ● Mass 7 pm <i>Adoration/Confession at 6 pm</i></p>	<p>Thursday, February 19 Saint Jude Monroe ● Mass 9 am ● Mass 7 pm <i>Adoration/Confession at 6 pm</i></p>	<p>Friday, February 20 Saint Jerome Norwalk ● Mass 9 am ● Mass 7 pm <i>Stations of the Cross at 6 pm</i></p>	<p>Saturday, February 21 Saint James Stratford ● Mass 8 am</p>
<p>Monday, February 23 Saint Mark Stratford ● Mass 8 am ● Mass 7 pm</p>		<p>Tuesday February 24 Saint Leo Stamford ● Mass 8:30 am ● Mass 7 pm <i>Rosary at 9 am</i></p>	<p>Wednesday, February 25 Saint Catherine of Siena Trumbull ● Mass 7:30 am ● Mass 7 pm <i>Rosary at 8 am</i></p>	<p>Thursday, February 26 Saint Peter Sacred Heart Danbury ● Mass 7:30 am (<i>Saint Peter</i>) ● Mass 7 pm (<i>Sacred Heart</i>)</p>	<p>Friday, February 27 Saint Peter Bridgeport ● Mass 12 pm ● Mass 7 pm</p>
<p>Monday, March 2 Saint Edward the Confessor New Fairfield ● Mass 9 am ● Mass 7 pm</p>		<p>Tuesday March 3 Saint Joseph Saint Ladislaus Norwalk ● Mass 7:30 am (<i>Saint Joseph</i>) ● Mass 7 pm (<i>Saint Ladislaus</i>) <i>Mass in Spanish at 7 pm</i></p>	<p>Wednesday, March 4 Saint Paul Greenwich ● Mass 8 am ● Mass 7 pm <i>Adoration at 6 pm</i></p>	<p>Thursday, March 5 Saint Gregory the Great Danbury ● Mass 8 am ● Mass 7 pm ● Mass 7 pm <i>Rosary at 9 am</i> <i>Stations of the Cross at 6 pm</i></p>	<p>Friday, March 6 Saint Pius X Fairfield ● Mass 8:30 am ● Mass 7 pm <i>Rosary at 9 am</i> <i>Stations of the Cross at 6 pm</i></p>
<p>Monday, March 9 Saint Mary Bethel ● Mass 9 am ● Mass 7 pm</p>		<p>Tuesday March 10 Saint Stephen Trumbull ● Mass 9 am ● Mass 7 pm <i>Rosary at 8:30 am</i></p>	<p>Wednesday, March 11 Saint Cecilia Stamford ● Mass 7:30 am ● Mass 7 pm <i>Adoration/Confession at 7:30 pm</i></p>	<p>Thursday, March 12 Saint Mary Saint Benedict Stamford ● Mass 9 am (<i>Saint Mary</i>) ● Mass 7 pm (<i>Saint Benedict</i>) <i>7 pm Mass in Spanish</i></p>	<p>Friday, March 13 Our Lady of Peace Stratford ● Mass 8:30 am ● Mass 7 pm <i>Holy Hour at 7:30 am</i></p>
<p>Monday, March 16 Saint Ann Bridgeport ● Mass 8 am ● Mass 7 pm</p>		<p>Tuesday March 17 Saint Patrick Redding ● Mass 8:30 am ● Mass 7 pm <i>7 pm Mass in Spanish</i></p>	<p>Wednesday, March 18 Our Lady of Guadalupe Danbury ● Mass 9 am ● Mass 7 pm <i>Adoration/Confession at 6 pm</i></p>	<p>Thursday, March 19 Saint Jude Monroe ● Mass 9 am ● Mass 7 pm <i>Stations of the Cross at 6 pm</i></p>	<p>Friday, March 20 Saint Jerome Norwalk ● Mass 9 am ● Mass 7 pm <i>Stations of the Cross at 6 pm</i></p>
<p>Monday, March 23 Saint Margaret Mary Shelton ● Mass 7:30 am ● Mass 7 pm <i>Confessions available after each Mass</i></p>		<p>Tuesday March 24 Saint Matthew Norwalk ● Mass 12:10 pm ● Mass 7 pm</p>	<p>Wednesday, March 25 Saint Thomas Aquinas Fairfield ● Mass 12:10 pm ● Mass 7 pm</p>	<p>Thursday, March 26 Saint Peter Sacred Heart Danbury ● Mass 7:30 am (<i>Saint Peter</i>) ● Mass 7 pm (<i>Sacred Heart</i>)</p>	<p>Friday, March 27 Saint Rose of Lima Newtown ● Mass 9 am ● Mass 7 pm <i>Adoration at 6 pm</i> <i>Stations of the Cross at 8 pm</i></p>
<p>Monday, March 30 Notre Dame Easton ● Mass 7:30 am ● Mass 7 pm <i>Rosary at 6:30 pm</i> <i>Adoration at 7:30 pm</i></p>		<p>Tuesday March 31 Saint Leo Stamford ● Mass 8:30 am ● Mass 7 pm <i>Rosary at 9 am</i></p>	<p>Wednesday, April 1 Saint Catherine of Siena Trumbull ● Mass 7:30 am ● Mass 7 pm <i>Rosary at 8 am</i></p>	<p>Thursday, April 2 Saint Augustine Cathedral Bridgeport ● Mass 10 am ● Mass 7 pm <i>Diocesan Chrism Mass with Clergy</i></p>	<p>Total Masses Attended: _____ Please submit your forms for recognition to: email: Sfilizzola@diobpt.org or mail: Diocese of Bridgeport (Attn: Steven Filizzola) 100 Beard Sawmill Road, Suite 650 Shelton, Connecticut 06484</p>