



A Message  
from Bishop Caggiano

Lent invites us to walk with the Lord more intentionally, allowing Him to lead us from where we are to where He desires us to be.

This Lenten Pilgrimage offers a sacred opportunity to enter holy spaces throughout our diocese, and open our hearts more fully to conversion, healing, and hope.

As you journey from church to church, may each Mass deepen your trust in the Lord’s mercy and renew your joy in the Gospel.

Know that I am walking with you in prayer, asking the Holy Spirit to strengthen and bless you along the way.

May this pilgrimage draw us ever closer to Christ—and to one another—as we prepare for our Sacred Paschal Triduum, especially the joy of Easter.

Father and Guide —  
A Prayer for our Journey

Loving Father, you guided the people of Israel with a pillar of cloud by day and a pillar of fire by night. Lead and be present on our pilgrimage. Be for us the guide at the crossroads, Our breath in our weariness, Our protection in danger, Our true home where we stay, Our shade in the heat, Our warmth in the cold, Our light in the darkness, Our consolation in our discouragements, And our strength in our intentions. Fill us with the grace of the Holy Spirit to see your actions in this journey. Hear the prayers we send up in the holy places, offered for the Church, the world, our family, friends and enemies. So that with your guidance we may arrive safe and sound at the end of the road, and enriched with grace and virtue return safely to our homes filled with joy. Through Christ our Lord. Amen.





# 2026 Diocesan Lenten Pilgrimage

F E B R U A R Y 1 8 — A P R I L 2

## 68 MASSES in 30 CHURCHES over 38 DAYS



<p><i>Please join us for as many Masses as you can and experience the Truth and Beauty of the Lenten Season!</i></p> <p>Name: _____</p> <p>Email: _____</p>		<p><b>Wednesday, February 18</b> Saint Augustine Cathedral <i>Bridgeport</i> ● Mass 7 pm</p>	<p><b>Thursday, February 19</b> Saint Jude   <i>Monroe</i> ● Mass 9 am ● Mass 7 pm <i>Adoration/Confession at 6 pm</i></p>	<p><b>Friday, February 20</b> Saint Jerome   <i>Norwalk</i> ● Mass 9 am ● Mass 7 pm <i>Stations of the Cross at 6 pm</i></p>	<p><b>Saturday, February 21</b> Saint James   <i>Stratford</i> ● Mass 8 am</p>
<p><b>Monday, February 23</b> Saint Mark   <i>Stratford</i> ● Mass 8 am ● Mass 7 pm</p>	<p><b>Tuesday February 24</b> Saint Leo   <i>Stamford</i> ● Mass 8:30 am ● Mass 7 pm <i>Rosary at 9 am</i></p>	<p><b>Wednesday, February 25</b> Saint Catherine of Siena <i>Trumbull</i> ● Mass 7:30 am ● Mass 7 pm <i>Rosary at 8 am</i></p>	<p><b>Thursday, February 26</b> Saint Peter   Sacred Heart <i>Danbury</i> ● Mass 7:30 am (Saint Peter) ● Mass 7 pm (Sacred Heart)</p>	<p><b>Friday, February 27</b> Saint Peter   <i>Bridgeport</i> ● Mass 12 pm ● Mass 7 pm</p>	<p><b>Saturday, February 28</b> Saint Lawrence   <i>Shelton</i> ● Mass 9 am</p>
<p><b>Monday, March 2</b> Saint Edward the Confessor <i>New Fairfield</i> ● Mass 9 am ● Mass 7 pm</p>	<p><b>Tuesday March 3</b> Saint Joseph   Saint Ladislaus <i>Norwalk</i> ● Mass 7:30 am (Saint Joseph) ● Mass 7 pm (Saint Ladislaus) <i>Mass in Spanish at 7 pm</i></p>	<p><b>Wednesday, March 4</b> Saint Paul   <i>Greenwich</i> ● Mass 8 am ● Mass 7 pm <i>Adoration at 6 pm</i></p>	<p><b>Thursday, March 5</b> Saint Gregory the Great <i>Danbury</i> ● Mass 8 am ● Mass 7 pm</p>	<p><b>Friday, March 6</b> Saint Pius X   <i>Fairfield</i> ● Mass 8:30 am ● Mass 7 pm <i>Rosary at 9 am</i> <i>Stations of the Cross at 6 pm</i></p>	<p><b>Saturday, March 7</b> Saint Jerome   <i>Norwalk</i> ● Mass 9 am</p>
<p><b>Monday, March 9</b> Saint Mary   <i>Bethel</i> ● Mass 9 am ● Mass 7 pm</p>	<p><b>Tuesday March 10</b> Saint Stephen   <i>Trumbull</i> ● Mass 9 am ● Mass 7 pm <i>Rosary at 8:30 am</i></p>	<p><b>Wednesday, March 11</b> Saint Cecilia   <i>Stamford</i> ● Mass 7:30 am ● Mass 7 pm <i>Adoration/Confession at 7:30 pm</i></p>	<p><b>Thursday, March 12</b> Saint Mary   Saint Benedict <i>Stamford</i> ● Mass 9 am (Saint Mary) ● Mass 7 pm (Saint Benedict) <i>7 pm Mass in Spanish</i></p>	<p><b>Friday, March 13</b> Our Lady of Peace   <i>Stratford</i> ● Mass 8:30 am ● Mass 7 pm <i>Holy Hour at 7:30 am</i></p>	<p><b>Saturday, March 14</b> Saint James   <i>Stratford</i> ● Mass 8 am</p>
<p><b>Monday, March 16</b> Saint Ann   <i>Bridgeport</i> ● Mass 8 am ● Mass 7 pm</p>	<p><b>Tuesday March 17</b> Saint Patrick   <i>Redding</i> ● Mass 8:30 am ● Mass 7 pm</p>	<p><b>Wednesday, March 18</b> Our Lady of Guadalupe <i>Danbury</i> ● Mass 9 am ● Mass 7 pm <i>7 pm Mass in Spanish</i></p>	<p><b>Thursday, March 19</b> Saint Jude   <i>Monroe</i> ● Mass 9 am ● Mass 7 pm <i>Adoration/Confession at 6 pm</i></p>	<p><b>Friday, March 20</b> Saint Jerome   <i>Norwalk</i> ● Mass 9 am ● Mass 7 pm <i>Stations of the Cross at 6 pm</i></p>	<p><b>Saturday, March 21</b> Saint Matthew   <i>Norwalk</i> ● Mass 9 am</p>
<p><b>Monday, March 23</b> Saint Margaret Mary   <i>Shelton</i> ● Mass 7:30 am ● Mass 7 pm <i>Confessions available after each Mass</i></p>	<p><b>Tuesday March 24</b> Saint Matthew   <i>Norwalk</i> ● Mass 12:10 pm ● Mass 7 pm</p>	<p><b>Wednesday, March 25</b> Saint Thomas Aquinas <i>Fairfield</i> ● Mass 12:10 pm ● Mass 7 pm</p>	<p><b>Thursday, March 26</b> Saint Peter   Sacred Heart <i>Danbury</i> ● Mass 7:30 am (Saint Peter) ● Mass 7 pm (Sacred Heart)</p>	<p><b>Friday, March 27</b> Saint Rose of Lima   <i>Newtown</i> ● Mass 9 am ● Mass 7 pm <i>Adoration at 6 pm</i> <i>Stations of the Cross at 8 pm</i></p>	<p><b>Saturday, March 28</b> Saint Lawrence   <i>Shelton</i> ● Mass 9 am</p>
<p><b>Monday, March 30</b> Notre Dame   <i>Easton</i> ● Mass 7:30 am ● Mass 7 pm <i>Rosary at 6:30 pm</i> <i>Adoration at 7:30 pm</i></p>	<p><b>Tuesday March 31</b> Saint Leo   <i>Stamford</i> ● Mass 8:30 am ● Mass 7 pm <i>Rosary at 9 am</i></p>	<p><b>Wednesday, April 1</b> Saint Catherine of Siena <i>Trumbull</i> ● Mass 7:30 am ● Mass 7 pm <i>Rosary at 8 am</i></p>	<p><b>Thursday, April 2</b> Saint Augustine Cathedral <i>Bridgeport</i> ● Mass 10 am <i>Diocesan Chrism Mass with Clergy</i></p>	<p>Total Masses Attended: _____</p> <p><i>Please submit your forms for recognition to:</i></p> <p><b>email:</b> Sfilizzola@diobpt.org</p> <p><b>or mail:</b> Diocese of Bridgeport (Attn: Steven Filizzola) 100 Beard Sawmill Road, Suite 650 Shelton, Connecticut 06484</p>	